





When considering your own health-care practice, there are countless details to consider during the planning phase to ensure a thriving and profitable facility:

### Prioritize Tasks

Legal Counsel

Financial Planning

**Business Plan** 

Location

Secure Financing

Credentialing

Insurance

Office Workflow Tools & Software

**Purchasing** 

#### Location, Location

As a rule, securing financing and payer reimbursement contracts are tied to your practice address. A demographic study is a helpful instrument to selecting a prime location.

#### Neatness counts

Don't underestimate the importance of a functional business plan. Not only do investors scrutinize this document, this is effectively your professional blueprint and a compass for your practice for the foreseeable future. Plan contingencies for protocols such as: staffing, securing referral networks, ongoing regulatory compliance, and of course, your service clinical portfolio.

#### The early bird gets the worm

Agencies and governances (e.g. OSHA, State commissions and local inspectors, hospital privileges) tend to operate on their own timelines. Proactively obtaining legal guidance and a business manager who are familiar with your demography and type of practice will accelerate the submission of correspondence.

#### Start as you plan to go

Invest in scalable software and systems that will ease practice management as respects EMR and other organizational tasks and business processes.

#### On your mark, get set, go!

This brochure was devised to help you create a realistic timeline, ensuring your opening date target is met. The interior considers thresholds, milestones, and your vision for your dream practice.

## IMING IS EVE

REIMBURSEMENT: PAYER CONTRACTS - TAKES UP TO 20 WEEKS

LAB SERVICES CLIA STATUS - 9 WEEKS

NEW CONSTRUCTION: 8-12 WEEKS

ORDER EQUIPMENT: 60 DAYS PRIOR TO LAUNCH

ORDER SUPPLIES: 4-5 WEEKS PRIOR TO LAUNCH

HIRING: COMPLETE 2 WEEKS PRIOR TO LAUNCH

MODULAR CONSTRUCTION: 4-6 WEEKS

PERMITTING: 4 WEEKS

MARKETING & REFERRALS







Underwriting

Construction

Coordination

These guidelines are a reference only, actual timelines will vary based on local/state rules and payors

### PLEASE DESCRIBE THE SCOPE OF YOUR PROJECT

What is your target date to open?
What type of practice is this? (Please check all that apply):  Primary practice Part of an IDN or a large Plastic Group Satellite practice to an existing group A surgical practice An existing practice expansion A freestanding Medspa Overnight Stay A single-specialty practice. How many plastics?
What other specialties are practicing in this facility:  Dermatology: How many?  ENT: How many?  Oculoplastic: How many?  Anesthesiology  Other: How many?
What type of Plastic Surgery do you practice?  (Please check all that apply):  Reconstructive Cosmetic Surgery Microsurgery Hand Surgery Burn Surgery Maxillofacial
What is the square footage of this project?
This location is:  Purchased Leased Rented New Construction
How many treatment rooms? (Please check all that apply):    Exam   Aesthetic     Procedure   OR     Overnight Care   Lab     Recovery
Will you require financing? □ Y □ N
Will you require design assistance? ☐ Y ☐ N

### PLEASE TELL US ABOUT YOUR PRACTICE

Please share number of days per week that you:  Consult Perform Surgery
Is there a predominate patient demographic you are treating?  Gender Reassigment Pediatric  Ethnic/Skin of Color Trauma  Mommy Makeover  Other
What is your payer mix? (Please share % of practice revenue)  Cash:  Medicare:  Private Insurance:
In order of total revenue, please share your top five:  Therapeutic Surgical Procedures  1. 2. 3. 4. 5.
Cosmetic Surgical Procedures: 1. 2. 3. 4. 5.
Will you need continuing education for staff?
Is this practice owned by:  Physician Hospital Investment Group

### PLEASE TELL US ABOUT YOUR STAFF

Will you	have a practice manager? $\square$ Y $\square$ N
	Nurse: How many? Nurse: How many? Nurse Practitioner: How many? Physician Assistant: How many? OR Technician Patient Care Coordinator Other
What sur Lab Servi	DERATIONS FOR YOUR SURGICAL PRACTICE gical services are you planning to offer?  ces (Please check all that apply):  Hematology Chemistry Urinalysis
	Abdominoplasty/Body Contouring Arm Lift (Brachioplasty) Breast Surgery:  Reconstructive Reduction Lift/Augmentation Brow Lift Butt Lift (Gluteoplasty) Chin Augmentation Dermabrasion Ear Surgery (Octoplasty) Eyelid Surgery (Blepharoplasty) Face Lift (Rhytidectomy) Hair Transplantation Liposuction: Tumescent Power Assisted Ultrasonic Male Breast Reduction (Gynecomastia) Nose Reshaping (Rhinoplasty) Scar Revision Vein Removal: Spider Varicose Vaginoplasty: Labiaplasty

### CONSIDERATIONS FOR AN AESTHETIC PRACTICE

Will you have an esthetician on staff? □ Y □ N		
Wil	l you sell physician-dispensed skincare? ☐ Y ☐ N ☐ Private brand ☐ Other	
Wh	nat services will you offer? (Please check all that apply): Autologous Fat Grafting:	
	□ Facial □ Breast □ Body □ Hand	
	Botulinum Toxin:  Type A Type B  Cellulite: Ultrasonic Massage Lipotripsy	
	Chemical Peels (Please check all that apply):  ☐ Glycolic ☐ Salicylic ☐ Jessners ☐ Blended ☐ TCA ☐ Phenol ☐ Other	
	Collagen Induction Therapy   Microneedling Dermal Filler:	
	<ul> <li>☐ Hyaluronic Acid</li> <li>☐ PPMA/Bovine Collagen</li> <li>☐ PRP/PRFM</li> <li>☐ Polylactic Acid</li> <li>☐ Porcine Collagen</li> <li>☐ Human Collagen</li> <li>☐ Calcium Hydroxyl Apatite</li> </ul>	
	Dermal Planing Laser Services:	
	□ Facial Veins □ Hair Removal □ Cool/"SMART"/Laser Lipo □ Skin Resurfacing/"Fraxel" □ Skin Tightening/ Non Surgical Face Lift	
	<ul><li>□ Tattoo Revision/Removal</li><li>□ Toenail Fungus/Nail Disorders</li></ul>	
	LED Phototherapy	
	Microdermabrasion Minor Skin Procedures	
	(Skin Tags, Moles, Telangiectasias, Angiomas)	
	Pulse Light Acne Therapy	
	Spa Services  Body Treatments Facials  Eyelash Extentions  Massage Services	
	<ul> <li>☐ Medical Manicures</li> <li>☐ Teeth Whitening</li> <li>☐ Waxing</li> </ul>	

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