



Foot Specialists Since 1885

FOOTCARE PRODUCT GUIDE

Relief & Comfort Guaranteed™



Comfortable Feet Comfortable Life®

Don't let foot pain slow you down!

Dear Friend,

Congratulations! You've discovered help for sore feet!

Inside you'll find unique products that doctors use most to treat and relieve common foot problems.

Yes, we really have been 'foot specialists, since 1885'.

For 125 years and four family generations, we've supplied healthcare professionals and their patients with these medically-designed foot and shoe pads, cushions, insoles, skincare products and more, most of which are unlike any others available.

We've helped millions of people end their foot pain. Chances are very good that we can help you, too. So don't suffer needlessly. **Ask your foot doctor. Ask in your favorite store. Or go online to www.pedifix.com.**

Get the PediFix® footcare product you — or a loved one — need for 'relief and comfort, guaranteed'™.

No Sore Feet!


Dennis Case

The PediFix Footcare Company



P.S. Once they start, many foot problems don't go away by themselves. If you're suffering from a stubborn foot ailment, now is the time to act — relief is in your hands.



Heinrich Berkemann
Company Founder, 1885



Toe Straightener

Aligns Problem Toes

Reduce pain and friction associated with crooked, overlapping and/or flexible hammer toes with this comfortable slip-on pad. An adjustable loop gently encourages proper toe alignment while a soft, dual-layer cushion comforts the ball-of-foot area. One and two-toe Straighteners are interchangeable for left or right foot. For three-toe Straightener, choose right or left.

1/package. Specify items:

- Item P55 (Single-Toe)
- Item P57 (Double-Toe)
- Item P58 (Triple-Toe)

P55

P57

P58



Tea Tree Ultimates® FungaSoap®

Naturally Washes Away Fungus and Bacteria with Tea Tree Oil

Win the fungus battle! This patented soap features Tea Tree Oil – used since ancient times to fight germs and as a natural antiseptic to prevent infection. Our exclusive formula can help relieve athlete's foot and control odor. Also effective as an overall body wash to help alleviate skin rashes and irritations, ringworm, acne, itching, sweating and more. If you have a foot or body skin condition, try FungaSoap® today.

6 oz. 1 bottle

- Item P3071

13.5 oz. 1 bottle

- Item P3072



*“...the only thing that’s
relieved our skin conditions”*

Agnes L., Orlando, FL

Felt Callus Protectors

Take Pressure Off Calluses

These soft pads instantly absorb pressure and friction while comforting calluses, blisters and other foot problems. Self-adhesive backings keep them securely in place. Trimmable.

One Size Fits Most. 8/package.

- Item P16

*“What a wonderful product!
I have been searching for relief...
and your product has finally
given it to me. Thank you!”*

Lynda G., Virginia





Exclusive
Soft'N Stretch™
fabric



Lined with soft Gel

Visco-GEL® Fabric-Covered Toe Protector

Provides Complete Toe Comfort

Take a stand against corns, ingrown nails, blisters and other toe irritations and protect them so they can heal naturally. This soft fabric cap stretches over your entire toe and completely surrounds it with vitamin-enriched Gel to absorb pressure and friction while releasing mineral oil to soothe and moisturize skin. No messy adhesives. Trimmable.

Specify size Small or Large (Small fits most toes) 1/package.

● Item P82



Thin Wall

Thicker Distal End

Comfort Vent



NEW!

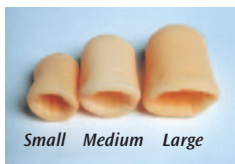
Visco-GEL® All-Gel Toe Caps

Cushion and Protect Sore Toes

Surround toes with soft Gel protection. Thin side wall design takes up less space in shoes, 'Comfort Vent' for breathability, extra padding for toe-tip protection. Relieves pain from corns, 'hammer' and crooked toes, ingrown nails, more.

Small, Large, Extra Large.
1/package.

● Item P80



Small Medium Large

Podiatrists' Choice® Nylon-Covered Toe Cap

Ends Toe Pain Instantly

Surround your toe with soft foam and relieve discomfort from corns, ingrown nails, blisters and other toe problems. A nylon cover and additional toe-tip padding provide extra durability and comfort.

Specify Small, Medium or Large.
1/package.

● Item P34

3-Layer Toe Separators™

Divide Toes and Conquer Pain

Separate your crooked toes to relieve between-toe corns, blisters, pinching and cramping. These soft cushions soothe and prevent irritations by absorbing pressure with their durable, three-layer foam design. Trimmable.

Each package contains 6 Separators of Small, Medium, Large, or Mixed sizes

● Item P280



Visco-GEL® Toe Separators

Part Crooked Toes Comfortably

Our soft Gel cushions help absorb pressure and friction to relieve rubbing, pinching, cramping and between-toe corns. Their vitamin-enriched gel also releases mineral oil to soften and moisturize skin.

Specify Small, Large, or Extra Large & Thick (Small fits most toes) 2/package.

● Item P31



'4 in 1' Super Soft Toe Cushions™

Gently Separate, Cushion and Protect Toes

These soft foam cushions divide toes to absorb pressure and friction while comforting corns and other toe irritations. They also keep the space between toes dry and help athlete's foot medications stay in place. Great for pedicures, too. Trimmable.

One Size Fits Most. 2/package.

● Item P83





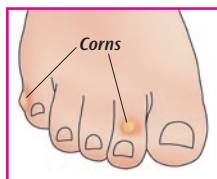
Felt Corn Protectors

Cushion Corns with Softness

Protect your feet from shoe pressure and friction while allowing corns to heal naturally. Self-adhesive backings keep them securely in place. Great for small blisters, too. Trimmable.

One Size Fits Most. 10/package.

● Item P15



Visco-GEL® Little Toe Sleeves™

Specially Designed to Fit the 'Pinky' Toe

Unique Gel soothes irritations and allows them to heal naturally with this new sleeve, sized just right to fit your little toes. Soft gel absorbs pressure and friction to relieve pinching and cramping. Helps corns, blisters, ingrown nails and other irritations. Fits comfortably in most shoes.

One Size Fits Most. 2/package.

● Item P32

“...the products are great. They have made a difference in my patients' everyday life”

Dr. L., Pittsburg, PA



NEW!

Visco-GEL® Fabric-Covered Toe Tube

Soothes and Protects Sore Toes

Soft fabric with Gel lining surrounds and separates toes. Cushions and protects to relieve corns, between-toe friction and irritation. Trim to fit to your exact needs. One size fits most.

1, 6-inch piece/package.

● Item P1202

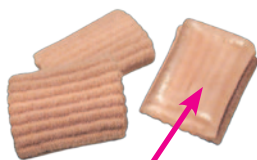
Visco-GEL® Corn Protectors

Relieve Painful Corns Instantly

Allow corns to heal naturally and prevent them from coming back. Slip on these soft bandages and their comfortable Gel pad will absorb pressure and friction. Visco-GEL® releases mineral oil and vitamin E to soothe and moisturize skin. Great for blisters too. Fabric stretches for a custom fit. No messy adhesives.

Specify Small or Large (Small fits most toes) 2/package.

● Item P81



*Soothing gel pad
lines one side of the
bandage's interior.*

NEW!

Visco-GEL® All-Gel Digital Tubes

Surround & Divide Sore Toes

Soft Gel Tubes cushion and protect toes from pressure and friction, separate toes that rub. Relieve corns, crooked and overlapping toe irritations. Fit comfortably in most footwear.

Each package contains 1 small, 1 medium size that fit most toes. 2/package.

● Item P338



Tubular-Foam Toe Bandages

Surround, Cushion and Protect Toes

These soft, foam tubes instantly cushion and separate toes that rub while reducing pressure and friction. Relieve corns, ingrown nails and other irritations comfortably while wearing almost any type of footwear. Trimmable.

Each package contains three, 3-inch long bandages of Small, Medium, Large, or Mixed sizes.

● Item P337



Great for fingers too!



Small Medium Large



Hammer Toe Cushion

Comforts Crooked Toes

Soft felt pad will instantly support your hammer, claw, mallet and/or arthritic toes while easing pressure on toe tips to help prevent corns, calluses and blisters. It can also soothe related forefoot pain. Adjustable toe loop holds cushion securely in place. Soft felt top cover.

Specify Small, Medium or Large, Right or Left. 1/package.

● Item P54

Hammer Toe Cushion Sizing

Small fits Women's Shoe Sizes 4-7

Medium fits Women's Shoe Sizes 8-10, Men's 6-8

Large fits Women's Shoe Size 11+, Men's 9+



Visco-GEL®

Hammer Toe Cushion

Supports Bent-Under Toes, Relieves Toe-Tip Pressure

This special Gel cushion will ease pressure on toe tips to help prevent corns, calluses and blisters. Also soothes ball-of-foot pain often associated with hammer, claw or mallet toe conditions. Stretchable gel ring holds cushion in place without adhesives. Durable, washable and reusable for months.

Specify Small, Medium or Large, Right or Left. 1/package.

● Item P53



Pedi-Smart®

Toe Trainers™

Splint Problem Toes

Ease pain by separating and straightening crooked, broken and/or hammer toes with these soft, fabric-covered splints. They feature adjustable Velcro® fasteners to secure a comfortable fit. Require minimal space in shoes. Fit left or right foot. Trimmable.

One Size Fits Most. 2/package.

● Item P51



Relief & Comfort Guaranteed

If you are not fully satisfied with the performance of any PediFix® product, return it directly to us for a hassle-free replacement or refund.





Visco-GEL® Toe Spacers

End Bunion Misery

These soft Gel positioners separate your big toe and second toe to help maintain proper alignment, prevent rubbing and relieve pressure on bunions. The vitamin-enriched Gel releases mineral oil to soothe and moisturize skin. Interchangeable for left or right foot.

Specify Small, Medium or Large (Medium size fits most) 2/package.

● Item P28



Soft Gel Inside

NEW!

Visco-GEL® Bunion Relief Sleeve

Ends Bunion Pain Instantly

Soft Gel pad cushions and protects bunions from shoe pressure and friction. Soft'N Stretch™ fabric sleeve positions the Gel comfortably, without adhesives. Spacious shoes will best accommodate its 1/8" thickness. Interchangeable for left or right foot.

Specify Small (fits shoe sizes 5-9 and average width feet) or Large (fits sizes 10+ and wide feet). 1/package.

● Item P1303



Stretchable
Toe Loop

Visco-GEL® **NEW! Little Toe Bunion Guard™**

Relieves Pinky Toe Pain

Doctors often call an irritation at the base of the little toe a 'Tailor's Bunion' or 'Bunionette'. This specially-designed Gel cushion helps protect this sensitive area. Proprietary Gel soothes and softens. Thin profile fits comfortably in most footwear.

One Size Fits Most. 1/package.

● Item P46-S



Visco-GEL® **Bunion Guard™**

Absorbs Pressure... Eases Pain

Make your shoes more comfortable! This soft, Gel shield cushions and protects sore bunions from pressure and friction. Visco-GEL® is enriched with vitamin E and mineral oil to soothe and moisturize skin. Slim design fits easily in most shoes. Soft, stretchable toe loop holds Guard in place without adhesives. Washable and reusable for months.

One Size Fits Most. 1/package.

● Item P46-L



*Ultra-thin
Design*

“Relieved my pain instantly”

Sally F., Akron, OH

Bunion Relievers™

Align Toes Properly

These soft, durable spacers separate your big and second toes to help maintain proper alignment, prevent friction and relieve pressure on sore bunions. Interchangeable for left or right foot.

Medium size fits most, Small and Large sizes also available. 2/package.

● Item P229

Note: Product contains natural rubber latex which may cause allergic reactions.



Nighttime Bunion Regulator™

*Counteracts the strain that causes
pain and deformity*

This unique splint works while you rest or sleep to relieve bunion pain. It holds the crooked big toe in its proper, natural, and correct position to ease discomfort, stretch and strengthen foot muscles and ligaments. Fully adjustable to your exact comfort needs. Recommended to patients as an alternative to bunion surgery.

Specify Small, Medium or Large and Left or Right.

(Fits Shoe Sizes—Small: Women's up to 7; Medium: Women's 8–10 & Men's 6–8; Large: Women's 11+ & Men's 9+.)

1/package.

● Item P6035





P88

Podiatrists' Choice® Ball-of-Foot Cushion

*Provides Extra
Ball-of-Foot Padding*

Help prevent callus development and ease your ball-of-foot pain by absorbing shock and reducing friction. This soft, double-layer foam pad stays securely in place with a comfortable toe loop and features a nylon cover for extra durability. Great for thin-soled footwear.

Specify Small (fits shoe size 6-9) or Large (fits shoe sizes 10+) 1/package.

● Item P88

*Stretchable Toe Loop
Keeps Pad in Place*



P3004

NEW!

Visco-GEL® Ball-of-Foot Cushion

Specify Small (fits shoe size 6-9) or Large (fits shoe sizes 10+), Right or Left

1/package

● Item P3004



*Great for women's
and men's shoes*

Metatarsal Shoe Cushions

Ball-of-Foot Relief is Here

Just place these durable foam cushions in your shoes to instantly absorb shock and reduce pressure on the balls of your feet. These self-adhesive pads will help prevent calluses and stop your feet from sliding forward in your shoes. Great for thin-soled footwear.

One Size Fits Most. 1 pair/package.

● Item P90



NEW!

Visco-GEL® Anti-Slip Forefoot Relief Cushions

Stop Feet From Sliding Forward

Soft Gel cushions, protects and helps prevent feet from sliding forward and jamming toes. Relieves ball-of-foot pain, helps prevent calluses. Self adhering and interchangeable from shoe to shoe.

One Size Fits Most. 1 pair/package.

● Item P1281

Tuli's® Gel Metatarsal Cushions

Comfort and Protect the Ball-of-Foot Area

Absorb shock, reduce pressure and help prevent calluses with these gel ball-of-foot pads. Just slip them in your shoes to ease discomfort from walking, running or standing. These patented cushions feature a 'waffle' design that compresses and rebounds with every step. Great for thin-soled footwear.

One Size Fits Most. 1 pair/package.

● Item P89



Visco-GEL® Ball-of-Foot Protection Sleeve

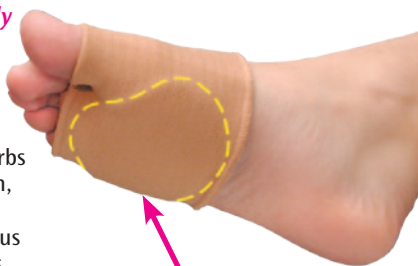
NEW!

Cushions & Protects Completely

Soft'N Stretch™ fabric sleeve positions a thick Visco-GEL® pad under the forefoot comfortably, without adhesives. Protects metatarsal heads, absorbs shock to relieve ball-of-foot pain, prevents calluses and makes shoes more comfortable. Spacious shoes will best accommodate its approximate 1/8th inch thickness.

Specify Small or Large, Right or Left. Small fits shoes sizes 6-9 and average width feet, Large fits shoe sizes 9+ and wide feet.

● Item P1225



Soft Gel Inside

Visco-GEL® Thong Sandal Guards with Ball-of-Foot Cushion

NEW!

Makes sandals comfortable!

Soft Gel surrounds the sandal 'thong' or 'post' to reduce friction, prevent blisters and irritation between toes. Extended Gel pad protects ball-of-foot, absorbs shock and adds cushioning to thin-soled shoes.

One Size Fits Most.

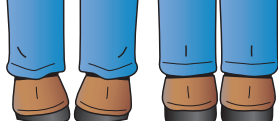
1 pair/package.

● Item P1133



Stops Chafing Between Toes





Before

After



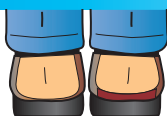
Heel Straights™

**Correct Heel Posture and
Prevent Uneven Shoe Wear**

These inserts can instantly control incorrect foot rotation and stop heel rollover. They also relieve pressure on ankles, knees, hips and back while reducing uneven shoe wear.

Specify Small, Medium or Large.
(Fits Shoe Sizes—Small: Women's 5-7;
Medium: Women's 8-10 & Men's 6-8;
Large: Women's 11-13 & Men's 9-11.)
1 pair/package.

● Item P316



*Fits discreetly
in footwear.*



*Use "as is" for a 3/8" elevation or
simply peel off individual 1/8" layers
to get your desired thickness.*

Peel-Away™ Adjustable Heel Lift

**Fixes Leg-Length Differences, Back
Pain, Achilles Strain, Heel Pain**

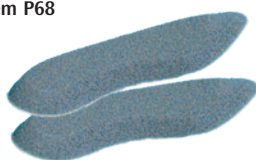
Make your life more comfortable with this simple cushion. It balances leg length discrepancies that can cause hip and back pain. It relieves strain on the Achilles' tendon and foot arch to ease heel pain. Fits left or right foot.

Specify Small, Medium or Large.
(Fits Shoe Sizes—Small: Women's 4-7;
Medium: Women's 8-10 & Men's 6-8;
Large: Women's 11+ & Men's 9+.)
1/package.

● Item P6582



*Great for women's
AND men's shoes*



Pedi-Smart® Heel Hugs™

**No More Heel Blisters
or Snagged Hosiery**

Instantly stop shoes from slipping off and rubbing against the back of your heels. These soft foam cushions also absorb shock to soothe and protect sore heels. Self-adhesive backings allow easy positioning in women's or men's footwear. Trimmable.

One Size Fits Most. 2/package.

● Item P68



Stretches from midfoot, not toes, for greater comfort.

Heel-free is cooler and more comfortable

EZ Mornings™ Plantar Fascia NightSplint

NEW!

Reduces Heel Pain

'Plantar Fasciitis' or 'heel spur' pain results from strain and microscopic tearing of the ligament on the bottom of the foot. One common symptom of this condition is sharp heel pain upon arising in the morning (because the ligament contracts during the night). Worn while resting or sleeping, this Splint stretches the foot continuously to minimize morning pain and help speed healing.

Fits Left or Right foot. Specify Small or Large. Sizing is approximate. Small fits shoe sizes 5-9, Large fits 9+. 1/package.

● Item P6040

P84
Original
Tuli's®



P85 Gel Tuli's®



Tuli's® Heel Cups

Shock Absorbers for Sore Heels

These innovative 'waffle' heel cups compress and rebound with every step to absorb shock and ease heel pain. Help make standing, walking and running more comfortable. Reduce pressure on your arches, ankles, legs and back, too.

Specify Size: Regular fits body weight up to 175 lbs. Large fits body weight over 175 lbs. 1 pair/package.

● Item P84 Original Tuli's®

● Item P85 Gel Tuli's®



SockLess® **Terry-Comfort® Insoles** *Your Shoes Can Feel Great, Even Without Socks!*

Just slip our soft terrycloth cushions into shoes and keep your feet cool, dry and comfortable—with or without socks. These full-length insoles feature foam bottom layers to cushion feet and contain long-lasting baking soda to absorb unpleasant odors. Especially beneficial for use during warm-weather months. Trim to fit.

One Size Fits Most. 1 pair/package.
● Item P220



*3/4-length
design won't
cramp toes!*

PumpPals® **Terrycloth Insoles** *Deluxe Inserts for Women's Shoes*

Women's fashion footwear *can* be comfortable, even high-heeled shoes. These specially-contoured insoles were created by a female foot specialist to cushion and support women's feet where they need it most—the heels, arches and ball-of-foot area. By positioning feet properly, they'll keep you on the go all day while helping prevent problems like corns, calluses, blisters and heel pain. The soft terrycloth top covers help keep feet cool and dry. Especially beneficial for use during warm-weather months, with or without hosiery. Trim to fit.

One Size Fits Most. 1 pair/package.
● Item P201



FeatherStep® Insoles *Ease Foot Pain...Even Your Neuromas*

Durable leather that's light as a feather. These shock-absorbing insoles can soothe pain from calluses, neuromas and other foot discomforts while helping improve your posture and balance. They fit comfortably in most shoes. Trim to fit.

Specify Shoe Size: Women's 6-8, 9-11 or Men's 7-10, 11-13. 1 pair/package.
● Item P195

Note: Product contains natural rubber latex which may cause allergic reactions.

Super Silicone GelStep® Insoles

*Why this material protects
feet best:*

GelStep® insoles are made from 100% medical-grade silicone—the most effective cushioning material available AND the most durable! Silicone compresses, then rebounds instantly to absorb shock, relieve pressure and support feet to make standing, walking and running more comfortable. 'Blue Zones' are areas of softer gel for extra cushioning and protection. Available with anti-odor, anti-microbial fabric top covers that absorb perspiration, reduce friction and improve comfort. Washable and reusable.

GelStep® Full-Length Replacement Insole

● Item 7050-SC, 1 pair/package

GelStep® 3/4-Length Insole

● Item 7000-SC, 1 pair/package

GelStep® Thin Dress Insole

● Item 7029-SC, 1 pair/package

GelStep® Insole & Orthotic Sizing

Small fits Women's Shoe Sizes 5-7

Medium fits Men's sizes 6-7 ½, Women's 7 ½ - 9 ½

Large fits Men's sizes 8-9, Women's 10-12

Extra Large fits Men's sizes 9 ½ - 11

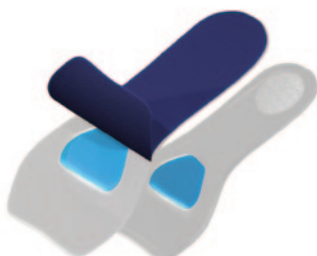
XX Large fits Men's sizes 11 ½ - 12 ½



7050-SC



7000-SC



7029-SC

Super Silicone GelStep® Heel Cups

Proven Effective for Heel Pain, Spurs

If your heels hurt, especially upon rising in the morning, you might be suffering from *plantar fasciitis* or heel spur syndrome—a strain of the ligament on the bottoms of your feet. GelStep Heel Cups relieve this discomfort immediately and take pressure off the over-stretched ligament to help it heal. They effectively absorb the impact of walking to cushion, protect, and ease pressure on ankles, knees, hips and back.

● Item 5050-SC, 1 pair/package

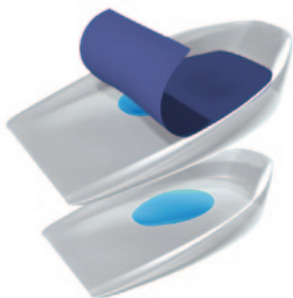
GelStep® Heel Cups Sizing

Small fits Women's Shoe Sizes 4-7

Medium fits Men's sizes 6-8 ½, Women's 7 ½ - 10

Large fits Men's sizes 9-11 ½, Women's 10 ½ - 12

Extra Large fits Men's sizes 12-14 ½, Women's 12+





Arch Bandage

Relieves 7 Common Foot Pains

Soft elastic bandage gently squeezes the arch to provide support and extra stability to comfort sore, tired feet. Helps ease heel pain and plantar fasciitis, supports flat feet and fallen arches. Soothes bunion, forefoot and neuroma pain, too. Unlike bulky insoles, its thin design takes up very little space in shoes. Washable, reusable and effective for months.

Sizing is approximate midfoot/arch circumference: Specify Small for narrow feet, 7", Medium for average feet, 8", Large for wider feet, 9", XL for wide feet, 10" midfoot measurement.

2/package.

● Item P60-2

"I have been miserable with plantar fasciitis for the last few months. All the shoe inserts and costly orthotics were ineffective – until I picked up one of your Arch Bandages. My heel pain went away within 12 hours. I can't tell you how grateful I am. I would recommend this product in an instant. Thank you so much!" Anne H., Big Rapids, MI



Pedi-Smart® Arch Brace

Raises Your Arch to Lower Your Pain

Plantar fasciitis, flat feet or fallen arches got you down? Then strap on this brace and instantly lift your plantar fascia to ease related toe, bunion, ball-of-foot and/or heel problems, including painful heel spurs. Simply adjust its Velcro®-covered straps, then put on your roomy shoes and go. Interchangeable for left or right foot.

Specify Small or Large. (Small fits Women's shoe sizes up to 9, Men's to 8, Large fits Women's 10+, Men's 9+)

1/package.

● Item P61



NEW!

Visco-GEL®

Arch Support Wrap

Relieves Heel and Arch Pain

Stretchable fabric positions a soft silicone Gel pad under the arch to provide support and cushioning. Helps ease pain, lift fallen arches, and distribute body weight more evenly—away from sore heels or forefoot. Designed for wear under or over socks, or even when barefoot! Thin profile fits in most shoes. Washable and reusable for months. Interchangeable to fit left or right foot.

Specify Small (fits narrow and average width feet) or Large (fits wide feet)

1/package.

● Item P1291



Covered gel pad

Arch Cradles®

Orthopedically Designed to Ease Foot Pain

Cradle your feet with care. These 3/4-length orthotics fit comfortably in most footwear to gently support your weak or flat arches, stabilize your heels, and protect the balls of your feet.

Specify Shoe Size:
Women's 5-6, 7-8, 9-10, 11
or Men's 6, 7-8, 9-10, 11.

1 pair/package.

● Item P180



NEW!

Pedi-Smart® Massaging Work Insoles for Men

*All-day comfort in sneakers,
boots and dress shoes!*

Unique, patent-pending support system provides comfort and shock absorption. Memory foam layer conforms to foot contours like custom-made orthotics. Air perforations boost circulation to keep feet cool and dry.

One Men's trim-to-fit size
fits shoe sizes 8-13.

1 pair/package.

● Item P185



NEW!

Pedi-Smart® Clear Comfort™ Insoles for Women

*Make Pumps and Flats
More Comfortable!*

Soft Gel absorbs heel shock, supports your arch and cushions ball-of-foot. Thin, 3/4-length design fits in all shoes. Great for high heels, flats and boots.

Fits shoe sizes 6-10.

1 pair/package.

● Item P225





Ball-of-Foot Pads



Arch Pads



Callus Pads



Dancer's Pads



Sheets (2" x 3 1/2")

NEW!

Pedi-GEL® Self-Sticking Shoe & Foot Pads

*Cushion and Protect
to Relieve Pain*

This unique new material adheres directly to skin or to the insides of shoes—whichever is preferred—to provide extra foot cushioning and support. Self-sticking Gel is washable and reusable, providing long-lasting relief from foot pain or shoe pressure. Choose a pre-made shape to relieve your specific discomfort, or make your own from flat sheets.

Ball-of-Foot Pads

● Item P8201, 2/package

Arch Pads

● Item P8202, 2/package

Callus Pads

● Item P8203, 2/package

Dancer's Pads

● Item P8204, 2/package

Trim-to-Fit Sheets

● Item P8205, 2/package



Specialty Socks For Unique Needs

These innovative socks have hand-sewn toe seams to eliminate irritating ridges—a feature that provides extra comfort to all feet, especially those with special needs. An anti-bacterial finish protects against germs and a cross-stretch construction conforms to feet without binding or bunching.



SeamLess™ Socks offer hand-sewn toe seams to eliminate irritating ridges. Durable fibers help these socks return to their original shape after laundering.

SeamLess™ Everyday Socks

Specify Small, Medium/Large or Extra Large. 1 pair/package. White
● Item P795

Material Content: 94% Cotton, 5% Nylon, 1% Elastic.



*Recommended
for Diabetics*

SeamLess™ Oversized Socks

SeamLess™ Oversized Socks feature extra wide tops that expand to 18" to fit easily over enlarged feet, ankles, calves.

Specify Small, Medium/Large or Extra Large. 1 pair/package. White
● Item P798

Material Content: 96% Cotton, 4% Elastic

Stretches to 18 inches

*Recommended
for Diabetics*

SeamLess™ Sock Sizing Chart

Small fits Women's Shoe Sizes 5-7 ½, Men's 4-6 ½
Medium/Large fits Women's Sizes 8-10 ½, Men's 7-9 ½
Extra Large fits Women's Sizes 11-13 ½, Men's 10-12 ½

Stretch Socks™

Stretch Socks™ expand to 20" inches to fit enlarged feet, ankles, calves, and over casts or bandages. Extra padding for more protection, too. Micro-COOL™ fiber treatment helps these absorb perspiration.

Specify Medium, Large or Extra Large. (Fits Wide Shoe Sizes—Medium: Women's 7-9 & Men's 6-8; Large: Women's 10-13 & Men's 9-12; Extra Large: Men's 13-16.) 1 pair/package.

● Item P760 (Color: White)

Material Content: 96% High-Bulk Acrylic, 4% Lycra®

*Stretches to 20 inches...
great as a cast cover*



*Extra padding from the back
of heels to the tops of toes*

*Recommended
for Diabetics*

NEW!

Visco-GEL® Ankle Protection Sleeves

*For Lasting Comfort
and Pain Relief*

These unique Soft'N Stretch™ fabric sleeves position protective Gel where you need it most to relieve Achilles strain or injury, ankle bone pressure or top-of-foot rubbing in boots, skates, athletic or everyday shoes. Visco-GEL® absorbs pressure, friction, shock and shear and cushions these sensitive areas. Slim designs fit comfortably in most footwear. Choose the Sleeve that offers protection where you need it most.

Small Fits Women's shoe sizes to 9, Men's to 7. Large fits Women's shoe sizes 9+, Men's 7+



Soft Gel Inside

Visco-GEL® Achilles Protection Sleeve
Choose Small or Large

● Item P1400, 1/package



Used by
Professional
Hockey
Players

Soft Gel Inside

Visco-GEL® Skate & Boot Protection Sleeve
Choose Small or Large

● Item P1408, 1/package

Visco-GEL® Ankle Bone Protection Sleeve
One Size Fits Most

● Item P1405, 1/package



*Soft Gel Inside
Protects Both
Sides of Ankle*

Swede-O® Ankle-Lok® Ankle Brace

Steps Ahead of Other Braces

This ankle brace is great for joint stability, injury prevention, rehabilitation, comfort and durability. A patented system keeps it tight and positioned properly while side-stabilizing inserts deliver additional support. Fits left or right foot.

1 brace/package.

● Item 7200

Note: Product contains natural rubber latex which may cause allergic reactions.

Fits Shoe Sizes

	XSmall	Small	Medium	Large	XLarge	XXLarge
Women's	4-6	7-9	10-11	12-13	—	—
Men's	3-5	6-7	8-10	11-12	13-14	15+



The information in this catalog is not intended to replace professional care. If your foot problems persist or worsen, visit a podiatric or orthopedic foot specialist. If you have diabetes, see your doctor regularly and take extra good care of your feet.

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3-Layer Toe Separators, Arch Cradles, Bunion Relievers, DaySplint, Deep-Healing Foot Cream, Dexterity, Diabetic Defense, FeatherStep, FungaSoap, GelStep, Gel Ultimates, Heel Hugs, Heel-So-Smooth, Heel Straights, Little Toe Sleeves, Mango Magic, Nighttime Bunion Regulator, the No Sore Feet symbol, PediFix, Pedi-GEL, Pedi-Quick, Pedi-Smart, Peel Away, Podiatrists' Choice, PumpPals, Sea & Sand, SeamLess, Soaking Crystals, SockLess, Soft'N Smooth, Sore Spot, Step-N-Smooth, Stretch Socks, Tea Tree Ultimates, Terry-Comfort, Toe Trainers, 4 in 1 Super Soft Toe Cushions, Gel Ultimates and Visco-GEL are trademarks of PediFix, Inc.

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Common Foot Problems and Solutions



Corns: Hardened spots of thickened skin on toes that protect skin and underlying bones from excess pressure and friction.

Solutions: Pads, cushions, files, change shoes that rub, add arch supports to footwear to redistribute forces and alter foot function.



Calluses: Hardened areas of skin that thicken to protect skin and underlying bones from excess pressure, friction.

Solutions: Pads, cushions, files, change shoes that rub, add arch supports or ball-of-foot pads to shoes to redistribute forces and alter foot function. Moisturizing creams or exfoliating scrubs.



Warts: Round, colored, textured skin spots caused by a virus. Generally harmless, but sometimes sensitive to pressure.

Solutions: Pads, cushions, wart removers, professional treatment.



Foot Odor: Smelly shoes, socks and feet, often caused by bacteria and excess perspiration.

Foot Fungus: Athlete's Foot causes skin itching, cracking, peeling and odor.

Solutions: Wash and dry feet thoroughly, wear and change socks frequently, change shoes regularly so they dry, add absorbent insoles to shoes, apply creams, powders and/or deodorants to feet, foot soaks to clean and deodorize.



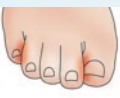
Bunions: Thickening, deformity of the bone and/or inflammation of tissues around the big toe joint, sometimes accompanied by a crooked big toe.

Solutions: Pads and cushions can protect the sensitive bunion area or separate toes that rub. Wider shoes reduce shoe pressure and friction. Arch supports and lower heel heights ease foot strain that can contribute to bunions.



Hammer Toes: Flexible or rigid bent-under toes can cause toe-tip and toe-top corns, ball of foot pain.

Solutions: Pads, cushions, caps that straighten, support or protect toe tips and tops. Change to roomier shoes, add arch supports or ball-of-foot pads to footwear to redistribute forces and alter foot function.



Crooked Toes: Flexible or rigidly crooked toes can cause irritation and pain.

Solutions: Pads, cushions, caps, separators can help align flexible toes. Change to roomier shoes.



Heel Pain: Most often the result of a strain of the 'plantar fascia' ligament on the bottom of the foot, hence the medical term 'plantar fasciitis'.

Solutions: Arch supports, heel cushions, stretching, night splints, massage, injections to reduce inflammation and patience — this can be a difficult condition to treat. Take action at the first sign of heel pain.



Pump Bump: Rubbing of the heel against the insides of shoes causes pain, blisters.

Solutions: Shoe pads, heel cushions, better fitting shoes.

Neuroma: Inflammation or benign growth of a nerve, most commonly at the base of the third or fourth toes.

Solutions: Change to roomier shoes, add arch supports or ball-of-foot pads to footwear to redistribute forces and alter foot function.



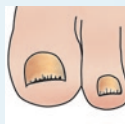
Ball-of-Foot Pain: Often the result of irritation to the foot bones or ‘metatarsals’, hence the medical term ‘metatarsalgia’. As we age, the natural ‘fat pad’ that protects our feet grows thinner, making us increasingly susceptible to this condition.

Solutions: Pads, cushions that provide extra protection or support. Change shoes, add arch supports or ball-of-foot pads to footwear to redistribute forces and alter foot function.



Nail Fungus: Common fungus gets under nails and spreads, causing discoloration (yellowish, brownish), flaking, thickening, discomfort, odor and embarrassment.

Solutions: If caught very early, topical liquids might have an impact, but once the infection is under the nail, it is unlikely these will be effective. Seek professional care—the sooner the better—the longer the infection has to get established, the more difficult it is to treat. New treatments are being tested, including lasers that kill the fungus, oral drugs (though these can cause side-effects) and new, more powerful liquids that can penetrate the nail bed.



Diabetes: Diabetes can cause neuropathy—a loss of feeling in the feet—making it hard to notice small sores. Diabetes can prevent small foot sores from healing. Foot sores that don’t heal are called ‘ulcers’. Ulcers that don’t heal can lead to foot and leg amputations.

Solutions: If you have diabetes, you MUST TAKE EXTRA GOOD CARE OF YOUR FEET. And if you know or love someone with diabetes, you’ll do them a great favor by volunteering to help. Quite often, people with diabetes are unable to perform some of these steps.

Inspect feet daily. Look for early signs of skin breakdown, including blisters, corns, calluses, reddened spots or areas.

Wash feet every day & dry them thoroughly, especially between toes.

See a Podiatrist regularly for a professional foot inspection—at least once a year, twice or more if you have problems. Free foot screenings are widely available.

Make sure shoes fit properly—too small, too short, or too narrow can cause pressure spots.

Don’t go barefoot. You can damage your feet too easily.

Take care of toenails. Trim them carefully and properly. Get help if you can’t do this yourself.

Don’t wear socks that restrict circulation, bunch, crease or cause sore spots.

Don’t self-treat foot problems with anything elastic or acidic.

The obvious: Control your blood sugar. Don’t smoke.

Exercise regularly.

For more information, ask your doctor or visit www.pedifix.com



Visco-GEL® Moleskin Protective Padding

Superior to Traditional Moleskin

This self-adhesive, triple-action gel padding will cushion, protect and moisturize as it absorbs pressure and friction. Visco-GEL silicone is perfect for corns, calluses, bunions, blisters, heels and more. Washable and reusable. (Maintains self-adhesive properties even after washing.)

2 sheets/package (2 ½" x 3").

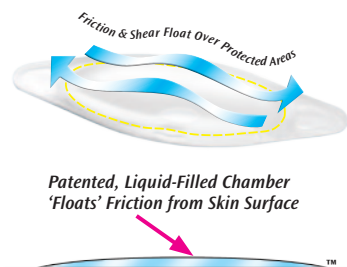
● Item P805



NEW!

Sore Spot™ Blister & Skin Protection Bandages *with LiquiCell® Technology*

Exclusive new liquid-filled bandages relieve and protect blisters, corns and calluses. Help minimize friction to prevent skin injury and breakdown. Use to prevent irritations or protect and comfort them after they've formed. These react dynamically to pressure and shear forces, changing shape subtly while worn. Ultra-thin so they fit in any shoes. Clear and invisible. Flexible and conforming to foot contours. Self-adhesive so they stay in place. Also effective for diabetic skincare and other friction reduction applications. Small Bandages fit toes. Large Bandages fit bunions, heels, ball-of-foot. Specify size.



4/package

● Item P810



NEW!

Silicone Scar Management Sheets

*Help improve the
appearance of scars*

Self-adhesive Silicone stays in place to help smooth, soften and improve the texture, color and thickness of scars, relieve itching and pain. Washable, reusable and durable for repeated applications. Soft, pliable, comfortable and tear-resistant. Trim to fit.

2/package (2 ½" x 3")

● Item P806

Visco-GEL® **Heel-So-Smooth®** **Heel Sleeves**

**Relieve Rough,
Dry, Cracked Heels**

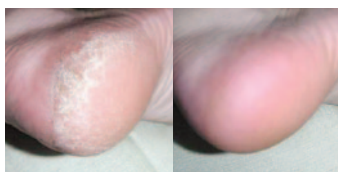
Slip on these comfortable foot sleeves while you sleep or rest to soften your dry, cracked heels. The heel area of these innovative sockettes is lined with our exclusive Gel that releases mineral oil & Vitamin E to soothe damaged skin. Washable and reusable.

One Size Fits Most.
1 pair /package.

● Item P800



Moisture Zone



Before

After

Gel Ultimates® **Moisturizing Booties** **Softer feet in hours!**

These cushioned, Visco-GEL-lined booties moisturize and soften hard, dry, rough skin — fast. You'll have smooth feet after just a few short treatments. Enjoy salon-style pampering at home! Exclusive Gel that fully surrounds your feet — not just the soles — gradually releases jojoba, avocado and olive oil onto the skin's surface. Terry cloth comfort and safe to wear around the house while your feet get super soft! Washable and reusable for months.

One Size Fits Most. 1 pair /package.

● Item P802



Gel Ultimates® **Moisturizing Gloves** **Softer Hands and Fingers Fast!**

Visco-GEL® -lined gloves moisturize, soothe and soften hard, dry, rough or cracked skin in just hours. Get smooth hands after a few short treatments. Exclusive Gel gradually releases jojoba, avocado, olive and other natural oils onto the skin's surface. Help relieve cracked fingers. Washable and reusable for months.

One Size Fits Most. 1 pair /package.

● Item P218





*Great for feet
or hands!*



Pedi-Quick® Salon Pedicure Kit

*For At-Home Pedicures, Manicures
and Foot Massages*

Enjoy safe, fast and professional-style pedicures, manicures and foot massages at home. To keep feet soft and smooth, this lightweight device features two emery-covered discs—one coarse and one fine—that whisk away corns and calluses as well as file nails. It also has a massager disc to provide penetrating foot rubs. Uses four AA batteries (not included).

1 kit/package.

● Item P3045

Emery Replacements. Each package contains four pre-cut paper discs: 2 fine and 2 coarse.

● Item P3048



Long-lasting file surface

Pedi-Quick® Step-N-Smooth® Shower Foot File

Gently Files Feet While Standing

Safely reduce corns, calluses and rough, dry skin on feet. This long-lasting mat is conveniently designed to rest on the shower floor. A non-skid backing keeps it securely positioned to help prevent slipping. Great for people who cannot easily reach their feet.

1/package.

● Item P3030



Pedi-Quick® Safety Corn & Callus Trimmer

Removes Rough, Dry Skin

The safest of its kind! Flexible, non-slip handle prevents excess pressure, allows precise control as you 'shave' calluses smooth. Safe and effective when used carefully.

1 trimmer/package.

● Item P3035

*3 blades are included in each pack. Each trimmer blade is reversible and provides two long-lasting, stainless-steel edges.

Blade Refills. 5/package.

● Item P3036

SilkFeet® **Flexible Foot File**

NEW!

Reduces Calluses Quickly, Easily

Flexible microscreen removes rough, dry skin quickly, easily, safely. Leaves feet soft and smooth. This is the only foot file that bends and twists to follow curvy foot contours. Patent-pending.

1/package.

● Item P3015



Flexible to Conform to Foot Contours

Pedi-Quick® **Dual-Action Foot File**

Quickly Reduces Corns and Calluses

Whisk away those painful corns and calluses to unveil sleeker, more attractive feet. This handy file features a fine emery surface to smooth rough, dry areas and a coarse stainless-steel surface to help reduce extra-hard skin. A non-slip handle provides precise control. Works great on hands and nails too.

1/package.

● Item P3011



Pedi-Quick® **2-Sided Foot File**

Get Salon Treatment at Home

This file makes it easy to do your own pedicures. Like files used in salons, ours features two different emery surfaces—one fine and one coarse—to gently smooth rough, dry or hardened skin. It works great on corns and calluses as well as nails. Ergonomically-designed, non-slip handle provides precise control.

1/package.

● Item P3020





Tea Tree Ultimates® Soaking Crystals™

*Help Soak Away Fungus
& Bacteria from Skin Surface*

A therapeutic foot soak featuring our exclusive blend of tea tree and peppermint essential oils, Epsom salt and sea salt. This invigorating soak soothes aches and pains, relieves itching and softens corns and calluses while fighting fungus and bacteria. Leaves your feet feeling refreshed, clean and smelling great!

6 oz. 6, 1oz. packets/package.

● Item P3078



Mango Magic® Foot Lotion

*Instantly Moisturizes Skin
with Healthy Nutrients*

Pamper your feet! This salon-style lotion will soothe and soften rough, dry feet and refresh your skin. Its non-greasy formula features mineral oil, aloe vera, and vitamin E to nourish your skin while it stimulates your senses with the tropical-fresh scent of mangos. Works great as a body lotion too.

8 oz. 1 bottle

● Item P3066



Sea & Sand® Exfoliating Scrub

*Let Nature's Elements
Rejuvenate Your Feet*

Sea & Sand® Exfoliating Scrub contains natural pumice suspended in a cool, refreshing gel, which will leave your feet feeling soft and smooth. Its pleasant scent will invigorate your senses while it gently exfoliates corns, calluses and rough skin. Bring the best part of the beach right into your home!

8 oz. 1 bottle

● Item P3067

Wart STICK®

The Only Solid-Based Wart Remover

No more embarrassment! Wart STICK's exclusive formula contains 40% salicylic acid, the #1 doctor-recommended ingredient for wart removal. This unique product delivers its medicine through an innovative wax-based applicator that glides on dry and odorless—unlike messy liquid products. It is safe, convenient and easy to use.

0.2 oz. 1 tube/package.

● Item P3064

*Use on
hands or feet!*

Corn STICK®

The same great benefits as WartSTICK, for corns!

0.2 oz. 1 tube/package.

● Item P3065

*Contains menthol for
a cool, soothing effect.*

Deep-Healing Foot Cream™

Doctor-Recommended for People with Rough, Dry, Cracked Feet and Heels

Help is here! This non-greasy cream features mineral oil and vitamins A, D and E to moisturize skin, soften calluses and revitalize your feet. Our special formula penetrates deeply to help heal dry, cracked areas—which is especially beneficial for people with diabetes and sensitive feet. Also works great on hands.

4 oz. 1 jar

● Item P3069



Diabetic Defense™ **NEW!**

Daily Therapy Foot Wash

With Shea Butter for moisturization and Ginger Oil to stimulate circulation, this Tea Tree Oil enriched liquid soap washes fungus and bacteria from the skin surface to help prevent infections. Safe for everyday use with no harmful side effects. Convenient application in the bath or shower.

5.1 oz. 1 bottle/package.

● Item P3076



PediFix Footcare Company
310 Guinea Road
Brewster, NY 10509 USA

www.pedifix.com
CALL: 1-800-PEDIFIX (733-4349)



***Here's help
to end foot pain***

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