

AirHeel™ Ankle Brace

Active pain relief for Plantar fasciitis and Achilles tendonitis



Innovative solutions. Proven outcomes.™

AIRCASST®

AirHeel™

Specifically designed to treat Plantar fasciitis, Achilles tendonitis, and heel pain. Two interconnected aircells located under the foot arch and in back of the heel, apply pulsating compression with every step, help reduce swelling and discomfort, and enhance circulation. The AirHeel is made of lightweight, breathable fabric, and is simple to apply and adjust with one strap.

Features and Benefits:

Feature

Intermittent pneumatic compression from two interconnected aircells under the foot arch and back of the heel

Low profile sleeve

One-strap fitting

Universal sizing

Benefit

Swelling is minimized and circulation enhanced to provide rapid pain relief

The AirHeel fits comfortably in most shoes

Application and adjustment of the AirHeel is easy even while wearing a shoe

Universal Left and Right, helps decrease inventory needs



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AirHeel

Peer reviewed clinical studies:

Plantar Fasciitis:

The Efficacy of a Pneumatic Compression Device in the Treatment of plantar Fasciitis

Kavros SJ, Mayo Clinic, Journal of Applied Biomechanics 404-413, 2005

- The Aircast AirHeel is efficacious in treating plantar fasciitis
- Patients with higher plantar fasciitis pain experience faster relief with the AirHeel than with a shoe insert

Achilles Tendonitis:

A Prospective Evaluation of the Pneumatic Achilles Wrap for treatment of Acute and Subacute Tendonitis

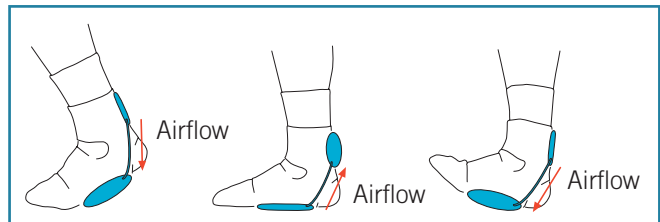
Mimms TT, Badeskas A, Ottey DCK, Schon LC, Union Memorial Hospital, MD, 1999

- The Aircast AirHeel provides significant pain reduction for Achilles tendonitis

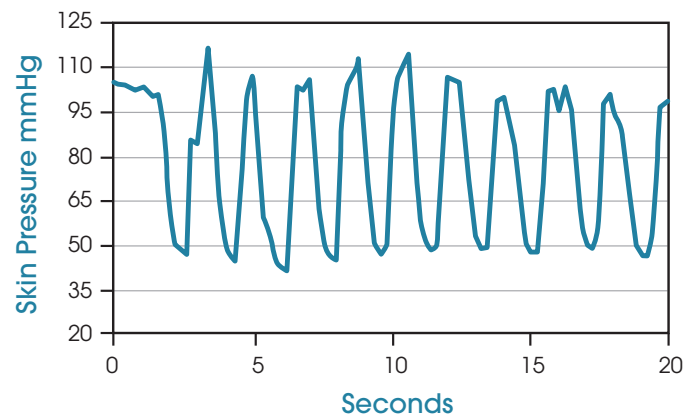
A Prospective Randomized Study Comparing the Therapeutic Effect of Eccentric Training, the AirHeel Brace, and a Combination of Both

Petersen W, Welp R, Rosenbaum D, American Journal of Sports Medicine, 2007

- The AirHeel is easier to use and as effective as eccentric training in the treatment of chronic Achilles tendinopathy
- After six week, pain levels decreased faster with the AirHeel than with the eccentric training



Typical Achilles Compression While Walking



Ordering Information

Part Number	Men	Women	Size
09AS	< 7	< 8½	Small
09AM	7½ - 11	8½ - 12½	Medium
09AL	11½+	13+	Large