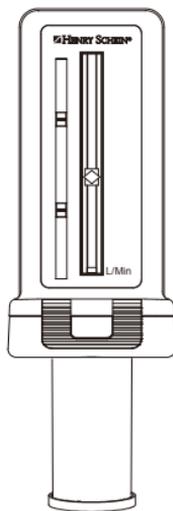


 HENRY SCHEIN®

# PEAK FLOW METER GUIDEBOOK



**READ THIS INSTRUCTION  
MANUAL CAREFULLY  
BEFORE USE**

## Indications for Use

Peak Flow Meter is a monitoring device designed for single-patient use to measure the Peak Expiratory Flow Rate (PEFR), which is the maximum burst flow rate reading during forced exhalation. This is helpful in monitoring respiratory conditions such as asthma or Chronic Obstructive Pulmonary Disease (COPD).

The monitoring device can be used anywhere the patient needs to measure their peak expiratory flow rate. It is intended for adults and children.

## Product Description

Peak Flow Meter is a hand-held monitoring device that measures Peak Expiratory Flow (PEF) generated by the patient during a forced exhalation maneuver. It can be used to objectively measure PEF by tracking day-to-day changes in breathing patterns.

## Specification

1. Universal Peak Flow covers full and low range. Suitable for adults and children.
2. Measurement Range: Full (0-800 L/min) ranges.
3. The device is intended for a single user only.
4. Three-zone helps patients comply with treatment regimens. The color-coded indicators can be adjusted to delineate a patient's green, yellow, and red zones based on personal best peak flow. Color zones setting up shall be prescribed by your physician.

## Caution

- Do not put it in damp, polluted, hot place or under the sunlight.
- After use wipe the mouthpiece with clean dry cloth.
- Do not use the product for different patients, it may cause cross infection.

## Storage

- Storage and transport temperature : -4°F to 140°F (-20°C to +60°C)
- Keep the device in a cool dry place out of direct sunlight before use.

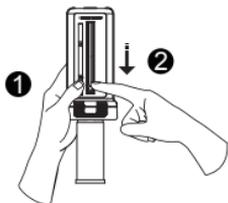
## Disposal

The device does not contain any hazardous substances and may be disposed of with your normal household refuse.

# PEAK FLOW METER

## Operation Procedure

1. Hold the peak flow meter(570-1152).
2. Mask sure the indicator is at the bottom of the scale.



3. Stand or sit straight.
4. Take a deep breath.



5. Put your lips firmly around the mouthpiece(570-1112) so you can mask a tight seal.



6. Then blow out as hard and fast as you can in a single blow. Your first burst of air is the most important, so blowing for a longer time will not affect your result.

7. Read the peak flow value next to the indicator and write down your reading.



8. Then slide the indicator back down and repeat the measuring process totally three times.
9. Write down the highest of the three readings along with the date and time.
10. The measurement records can be provided for monitoring respiratory conditions, self-evaluation and medication reference to your physician.

**Distributed by:**

 **HENRY SCHEIN®**

135 DURYEA ROAD  
MELVILLE, NY 11747 USA

**Made in Taiwan**

Rev. 2018/09

**Customer Service:**

Phone: 1-800-472-4346 (8am-8:30pm, ET)

E-mail: [custserv@henryschein.com](mailto:custserv@henryschein.com)