Managing Patient Expectations
(What are the anticipated results of salicylic acid peels)

• There are many peels on the market with a wide range of peel capabilities. It is important that patients understand that salicylic acid peels are MILD, SUPERFICIAL peels with little to NO downtime. Patients will not see the same level of peeling as with a TCA peel or even glycolic peels because of the nature of the peeling mechanism.

• Even if peeling is not visible, the patient will still have clinical results.

• The patient will not see a drastic change in their skin overnight with this peel. They will need to do the peels in a series and most likely won’t see significant results until the third or fourth peel procedure.

• Some patients may experience mild to moderate transitory stinging. The use of a handheld fan will help to reduce the discomfort. Redness and swelling may also occur, but should dissipate relatively quickly after the conclusion of the procedure.

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