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InControl Brand Position – PPE
Personal Protective Equipment (PPE) for both patients and medical staff prevent exposure to disease and is a concern for all healthcare facilities.

OSHA requires the use of personal protective equipment to reduce employee exposure to hazards when engineering and administrative controls are not feasible or effective in reducing these exposures to acceptable levels. Employers are required to determine if PPE should be used to protect their workers.

If PPE is to be used, a PPE program should be implemented. This program should address the hazards present; the selection, maintenance, and use of PPE; the training of employees; and monitoring of the program to ensure its ongoing effectiveness.

The Center For Disease Control (CDC) has developed a number of tools and a slide set for use by staff development, infection control, and occupational health personnel for training healthcare personnel on how to select and use personal protective equipment PPE to protect themselves from exposure to microbiological hazards in the healthcare setting.

For more information visit: http://www.cdc.gov/HAI/prevent/ppe.html
Introduction

Best Practices should be adhered to in any profession because they reflect the values and standards of that profession. In health care, adherence to PPE best practices is critical to ensure employee and patient safety, as one of our greatest threats is health care associated infections (HAIs). HAIs are infections that patients acquire during the course of receiving treatment for other conditions within a health care setting. According to the Centers for Disease Control and Prevention (CDC), HAIs are one of the top ten leading causes of death in the United States each year affecting an estimated 1.7 million patients and causing 99,000 deaths. PPE helps prevent the spread of germs in health care settings which helps protect patients and health care workers from infections.

The Occupational Safety and Health Administration (OSHA) defines PPE as “specialized clothing or equipment worn by an employee for protection against infectious materials”. OSHA requires health care facilities to have an exposure plan that should be reviewed annually for updates and observe standard precautions, use engineering and work practice controls, and provide appropriate PPE to all employees at no cost. Many areas of health care require some kind of PPE; although the following groups may be at high risk: medical technologists, OR and CS staff, phlebotomists, intravenous therapy nurses, surgeons, pathologists, oncoologists, dialysis unit staff, emergency room staff, nursing personnel, staff physicians, dental personnel, laboratory and blood bank technicians, and emergency medical technicians. It is the employer’s responsibility to ensure that PPE is available and readily accessible; alternatives are available for employees with allergies, and that personnel use the appropriate PPE.

GOWNS

Isolation gowns are generally the preferred PPE for clothing but aprons occasionally are used where limited contamination is anticipated. If contamination of the arms can be anticipated, a gown should be selected. Gowns should fully cover the torso, fit comfortably over the body, and have long sleeves that fit snugly at the wrist. Isolation gowns are made either of cotton or a spun synthetic material that dictate whether they can be laundered and reused or must be disposed. Cotton and spun synthetic isolation gowns vary in their degree of fluid resistance, another factor that must be considered in the selection of this PPE. If fluid penetration is likely, a fluid resistant gown should be used. Clean gowns are generally used for isolation. Sterile gowns are usually necessary for performing invasive procedures, such as inserting a central line. In this case, a sterile gown would serve the purpose of patient and health care worker protection.

MASKS and RESPIRATORS

The decision whether or not to require either a facemask or respirator must be based upon a hazard analysis of the specific work environment and the different protective properties of each type of personal protective equipment. Facemasks should be worn by both health care workers and patients to prevent the spread of germs (viruses and bacteria) from one person to another. If worn properly, a facemask will help block large particle droplets, splashes, sprays, or splatter from reaching your mouth and nose. Facemasks may also help reduce exposure of your saliva and respiratory secretions to others. ASTM International (ASTM), originally known as the American Society for Testing and Materials, is an international
standards organization that develops and publishes technical standards for a wide range of materials, products, systems, and services including medical facemasks. This standard covers the classifications and performance requirements for the materials used in the construction of medical facemasks used in a healthcare setting. Selecting the appropriate facemask for a particular procedure is a critical component to PPE protocol. Although facemasks may look similar, each mask has notable differences affecting the quality and level of filtration. Understanding the ASTM performance level of each facemask can help make the selection process easier and ensure your mask will provide the appropriate filtration.

- **ASTM Level 1**: Low fluid resistance, ideal for procedures where low amounts of fluid, spray and/or aerosols are produced.

- **ASTM Level 2**: Moderate fluid resistance, ideal for procedures where moderate to light amounts of fluid, spray and/or aerosols are produced.

- **ASTM Level 3**: High fluid resistance, ideal for procedures where heavy amounts of fluid, spray and/or aerosols are produced.

In addition to the ASTM levels, the fit of the mask is also an important consideration when selecting a facemask. New, innovative earloop face masks featuring aluminum nose and “CHIN” pieces, available in all 3 ASTM levels, provide healthcare workers with a mask that can be adjusted to fit the shape and size of any face while significantly reducing the gapping on the sides and bottom of the mask, reducing exposure to airborne particulates and aerosols by more than 3X that of a standard earloop face mask. These masks are considerably less expensive than respirators, provide better breathability, provide the fit and feel of a surgical tie-on mask, and are readily available, especially in the event of a pandemic, unlike particulate respirators.

Respirators that filter the air before it is inhaled should be used for respiratory protection. Respirators come in various sizes and must be individually selected to fit the wearer’s face and to provide a tight seal. A proper seal between the user’s face and the respirator forces inhaled air to be pulled through the respirator’s filter material and not through gaps between the face and respirator. There are some products that are approved by the National Institute for Occupational Health & Safety (NIOSH) as an N95 respirator and also cleared by the Food and Drug Administration (FDA) as a surgical mask. These products are referred to as Surgical N95 Respirators.

**GOGGLES or FACE SHIELDS**

Goggles should fit snugly, especially at the corners of the eye and across the brow. They should be indirectly vented and have anti-fog properties. Face shields should be used where eye protection alone is not sufficient, as they provide protection for the eyes and other areas of the face. Face shields that have crown and chin protection and wrap around the face to the point of the ear allow for the best face and eye protection from splashes and sprays.
GLOVES
The two principal considerations for glove selection should be barrier protection and allergen content. Picking the right glove for the right task and following the best practice for gloving can prevent transmission of potentially pathogenic microorganisms. CDC guidelines state that health care workers must wear gloves when they may reasonably expect contact with blood or a bodily fluid. This pertains to blood, mucous membranes, damaged and contaminated skin, such as with incontinent patients. Always wear new gloves for contact with each individual patient. Change gloves when visibly soiled, torn or punctured. Remove gloves and perform hand hygiene immediately after patient contact, as well as, after contact with a patient’s environment or medical equipment. Properly dispose of single-use gloves and never wash or reuse them. Gloves, as with all other PPE, must be properly fitted.

The type of PPE used will vary on the level of precautions required, e.g., Standard and Contact, Droplet or Airborne. When determining what is the appropriate PPE, you have to look at what the person is doing, and if they have the potential for coming in contact with blood and other potentially infectious material. The Centers for Disease Control and Prevention (CDC) offers a free PPE poster and PowerPoint slide program at http://www.cdc.gov/HAI/prevent/ppe.html for use by staff development, infection control, and occupational health personnel for training health care personnel on how to select and use PPE to protect themselves from exposure to microbiological hazards in the health care setting. In addition, they offer a colorful 13” x 22” poster for donning and removing PPE. The poster provides key instructions in both English and Spanish to reinforce best practices and is intended to limit the spread of contamination.

According to the CDC, the sequence for donning PPE is as follows:

1. GOWN
   Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back. Fasten in back neck and waist.

2. MASK or RESPIRATOR
   Secure ties or elastic bands at middle of head and neck. Fit flexible band around nose bridge. Fit snug to face and below chin.

3. GOGGLES or FACE SHIELD
   Place over face and eyes and adjust to fit.

4. GLOVES
   Extend to cover wrist of gown. Proper removal of PPE is very important. According to the CDC, PPE should be removed at doorway or in anteroom. Remove respirator after leaving patient room and closing door.

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The sequence for removing PPE:

1. **GLOVES**
   Grasp outside of glove with opposite hand; peel off. Hold removed glove in gloved hand. Slide fingers of ungloved hand under remaining glove at wrist. Peel glove off over first glove. Discard gloves in waste container.

2. **GOGGLES or FACE SHIELD**
   Handle by headband or ear pieces. Place in designated receptacle for reprocessing or in waste container.

3. **GOWN**
   Unfasten ties. Pull away from neck and shoulders, touching inside of gown only. Turn gown inside out. Fold or roll into a bundle and discard.

4. **MASK or RESPIRATOR**
   Grasp bottom, then top ties or elastics and remove. Discard in waste container.

*Keep in mind, the combination of PPE used, and therefore the sequence for donning and removing, will be determined by the precautions that need to be taken.* Regardless, it is very important to remember that donning and removing PPE can itself be a source of contamination.

The CDC recommends the following best practices to protect health care workers and limit the spread of contamination:

- keep hands away from face,
- limit surfaces touches,
- change gloves when torn or heavily contaminated, and
- perform hand hygiene.

In summary, PPE best practices must be adhered to in all health care settings to protect both patients and health care workers. Unfortunately, some personnel may neglect to wear PPE for one reason or another. The best remedy for neglect is to use “consciousness raising” tactics, such as putting up PPE signs or posters and scheduling brief safety meetings at which PPE is discussed. Establishing safety conscious policies and effectively communicating them to your professional team are critical aspects of compliance with best practices. Of course, enforcement of policies is often needed; therefore, periodic audits for PPE compliance should be conducted. You can select an experienced staff with a strong commitment to infection prevention to be your auditor and give them a checklist. Perform the PPE audits as often as you see fit, comparing results from one evaluation to the next. Personnel found to be in non-compliance should not be openly reprimanded, but rather talked to in private, stressing the importance of PPE compliance and how it creates a safer environment for themselves, their peers, and the patients.
## Materials of Gloves Used in Health Care

<table>
<thead>
<tr>
<th>Material</th>
<th>Advantages</th>
<th>Disadvantages</th>
</tr>
</thead>
<tbody>
<tr>
<td>LATEX</td>
<td>• Strong barrier qualities</td>
<td>• Not latex-free</td>
</tr>
<tr>
<td></td>
<td>• Tear and puncture resistant</td>
<td>• Some elements can deteriorate glove</td>
</tr>
<tr>
<td></td>
<td>• Has re-seal qualities</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Good elasticity</td>
<td></td>
</tr>
<tr>
<td>NITRILE</td>
<td>• Latex-free</td>
<td>• Less sensitivity</td>
</tr>
<tr>
<td></td>
<td>• Strong barrier qualities</td>
<td>• Some elements can deteriorate glove</td>
</tr>
<tr>
<td></td>
<td>• Tear and puncture resistant</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Comfortable feel</td>
<td></td>
</tr>
<tr>
<td>VINYL</td>
<td>• Great for short procedures (10–15 min.)</td>
<td>• Not recommended for chemotherapy</td>
</tr>
<tr>
<td></td>
<td>• Resistant to oil</td>
<td>• Poor elasticity</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Susceptible to breakdown</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Poor tensile strength</td>
</tr>
<tr>
<td>COPOLYMER</td>
<td>• Resistant to tears</td>
<td>• Susceptible to tearing</td>
</tr>
<tr>
<td></td>
<td>• Good elasticity</td>
<td>• Easy to puncture</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Poor tensile strength</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Not recommended for chemotherapy</td>
</tr>
</tbody>
</table>

## Proper Donning & Removal Techniques of Gloves

To greatly reduce the chance for infecting the health care worker, facilities should ensure that workers are taught proper glove donning and removal techniques. The CDC recommends these practices for the donning and removal of gloves to keep health care workers safe.

### Donning

The last item of PPE that should be donned are gloves. Be sure to select the type of glove needed for that task in the size that fits best. These should be adjusted as needed for comfort and dexterity. If the health care worker is wearing an isolation gown, it should be tucked and securely put underneath the gloves’ cuff. This will provide a barrier for protecting the skin.

### Removal

To safely remove the glove, use one hand to grasp the outside of the opposite glove near the wrist. Pull and peel the glove away from the hand. The glove should now be turned inside-out, with the contaminated side on the inside. Hold and remove the second glove with the opposite hand. After this is complete, dispose of gloves.
The ONLY gloves that provide all natural therapeutic skin protection to the users’ hands. CRITERION® COATS™ gloves are made with enriched colloidal oatmeal USP which is an FDA recognized skin protectant drug that soothes, moisturizes, and protects the skin.

CRITERION COATS contains all natural Colloidal Oatmeal USP which, through a combination of patented and proprietary processes is added as a coating to our barrier protective gloves. During typical glove use, CRITERION COATS can provide continuous transfer and delivery of unique skin protection. Through this innovative drug delivery mechanism, CRITERION COATS can help the glove user maintain the health and integrity of the most important and effective barrier, the skin.

**Nitrile:**
- X-Small (112-6220)
- Small (112-6221)
- Medium (112-6222)
- Large (112-6223)
- X-Large (112-6224)
- 1-box of 200

**Latex:**
- X-Small (112-6167)
- Small (112-6170)
- Medium (112-6172)
- Large (112-6173)
- X-Large (112-6174)
- 1-box of 100

Ask your Henry Schein Sales Consultant for a sample.
FIGHT ALLERGIES AND SUPPORT BREAST CANCER RESEARCH EVERY TIME YOU WEAR IT.

Micro-Touch® NitraFree™ is unlike any other nitrile exam glove. It provides powerful protection against Type I latex allergies – and reduces the potential for Type IV chemical accelerator-based allergies. It’s also FDA approved for handling chemotherapy drugs. And every time you wear it, proceeds go to Susan G. Komen for the Cure¹. No other pink glove does so much to protect healthcare practitioners – and women across the world.

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Glove-Sizing Assistant

Place the widest part of your hand over the size grid as shown

- X-SMALL/ Sterile: 5–5.5
- SMALL/ Sterile: 6–6.5
- MEDIUM/ Sterile: 7–7.5
- LARGE/ Sterile: 8–8.5
- X-LARGE/ Sterile: 9

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¹ Through March 31, 2013, Ansell will donate $2 per case sold of the Micro-Touch® NitraFree™ to Susan G. Komen for the Cure with a minimum guaranteed donation of $50,000.
Guidelines & Recommendations

Wearing gloves during patient care is an additional intervention to help reduce transmission of infectious agents in normal to high risk situations. Gloves protect patients by reducing contamination from health care worker’s hands and subsequent transmission of pathogens to other patients. In addition, when gloves are worn in compliance with CDC’s Standard Precautions, gloves protect healthcare workers from exposure to bloodborne infections such as HIV and Hepatitis B and C.

CDC guidelines state that health care workers:
- Must wear gloves when they may reasonably expect contact with blood or a bodily fluid. This pertains to blood, mucus membranes, damaged and contaminated skin, such as with incontinent patients.
- Wear new gloves for contact with each individual patient.
- Change gloves when visibly soiled, torn or punctured.
- Remove gloves and perform hand hygiene immediately after patient contact, as well as after contact with a patient’s environment or medical equipment.
- Properly dispose of gloves and never wash or reuse them.
- Gloves and all other personal protective equipment are properly fitted.
- Gloves should be worn as part of Standard Precautions or Contact Precautions.

Medical gloves are recommended to be worn for two main reasons:
1. To reduce the risk of contamination of health care workers’ hands with blood and other body fluids.
2. To reduce the risk of germ dissemination to the environment and of transmission from the health care worker to the patient and vice versa, as well as from one patient to another.

Glove Tips
To further ensure that gloves are worn properly, safely, and effectively, health care workers should follow these tips:
- Keep fingernails trimmed and short to reduce the risk for tears.
- Pull gloves over cuffs to protect wrists from being exposed to infectious materials.
- Limit opportunities for “touch points” eliminating cross contamination.
- Don’t store gloves in areas where they will be exposed to extreme temperatures.
- Always wear the correct glove size. A poor fitting glove can limit health care workers' ability to perform a task.

Gloves

H. Schnein
CRITERION® POWDER-FREE NITRILE EXAM GLOVES
Non-sterile, Blue
Fully textured nitrile glove that offers excellent tactile sensitivity. Soft and stretchy, this nonchlorinated glove is the ideal alternative to latex.
Gloves ..............................................100/box
Specify:
X-small ........................................ (111-8538)
Small ................................................ (111-8539)
Medium ........................................... (111-8540)
Large ............................................... (111-8541)
X-large .......................................... (111-8542)

CRITERION® N200 POWDER-FREE NITRILE EXAM GLOVES
Nitrile Powder-Free Exam
• Eliminates type-1 allergic reactions associated with natural latex
• Innovative formulation emulates the fit and feel of latex with added strength and puncture resistance
• Eco-friendly, 200-count box increases your storage by 50%, reduces cardboard waste, and still fits your glove box holders. You save money while reducing your environmental impact
Gloves ..............................................200/box
Specify:
X-small ........................................ (900-7438)
Small ................................................ (900-7439)
Medium ........................................... (900-7440)
Large ............................................... (900-7441)
X-large .......................................... (900-7442)

CRITERION® PURE NITRILE POWDER-FREE EXAM GLOVES
Non-sterile, Accelerator-free, Light Blue
Textured
• 3-mil, next generation, latex-free glove solution that health care professionals can use with confidence
• Textured fingers
• Does not contain thiazole, carbamates, or thiurams
• May prevent type-IV allergic reactions
Gloves ..............................................100/box
Specify:
X-small ........................................ (900-4483)
Small ............................................. (900-4484)
Medium ......................................... (900-4485)
Large ............................................. (900-4486)
X-large .......................................... (900-4487)

CRITERION® NITRILE EXAM GLOVES
Non-sterile, Blue
Textured
• Innovative formulation emulates the fit and feel of latex with added strength and puncture resistance
• Textured fingertips
• Designed to offer comfortable, secure fit
• Eco-friendly packaging–200 gloves count box.

CRITERION® NITRILE EXAM GLOVES
Non-sterile, Light Blue
Textured
• Innovative formulation emulates the fit and feel of latex with added strength and puncture resistance
• Textured fingertips
• Eco-friendly packaging–200 gloves count box.

HENRY SCHNEIN
CRITERION® NITRILE POWDER-FREE EXAM GLOVES
Non-sterile, Blue
Textured
• Innovative formulation emulates the fit and feel of latex with added strength and puncture resistance
• Eco-friendly packaging–200 gloves count box.

HENRY SCHNEIN
CRITERION® NITRILE POWDER-FREE EXAM GLOVES
Non-sterile, Blue
Textured
• Innovative formulation emulates the fit and feel of latex with added strength and puncture resistance
• Eco-friendly packaging–200 gloves count box.

HENRY SCHNEIN
CRITERION® NITRILE POWDER-FREE EXAM GLOVES
Non-sterile, Blue
Textured
• Innovative formulation emulates the fit and feel of latex with added strength and puncture resistance
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Non-sterile, Blue
Textured
• Innovative formulation emulates the fit and feel of latex with added strength and puncture resistance
• Eco-friendly packaging–200 gloves count box.
In a recent study “The Dirty Hand in the Latex Glove: A Study of Hand-Hygiene Compliance When Gloves are Worn,” suggests that healthcare workers who wear gloves when treating patients are less likely to wash their hands between patients. The study observed more than 7000 patient contacts in 56 ICUs and geriatric care units in 15 hospitals. Researchers found that proper hand hygiene compliance rates were disappointingly low at only 47.7% - a statistic, experts contend, that contributes to the costs of associated with healthcare associated infections caused by “back spray” when gloves are removed after contact with bodily fluid.

Source: McKnights Long-Term Care News
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Microflex® Ultraform®
Powder-Free Nitrile Exam Gloves

Our unique soft formulation forms to your hand effortlessly as if it is second skin. In field tests users wearing Ultraform® actually experienced an increase in fine motor task performance compared to a bare hand. You have to feel how this feels.

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REASONS TO RELAX WITH LAVENDER® GLOVES
• Superior tactile sensitivity
• Superior comfort, ease of movement and elasticity
• Higher count per box saves space and waste
• Superior protection and durability
• Textured fingertips
• Beaded cuffs
• Ambidextrous

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565-0015 M
565-0016 L
565-0017 XL
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KIMBERLY-CLARK® KC100 LAVENDER® NITRILE POWDER-FREE EXAM GLOVES

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• Superior protection and durability
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• Beaded cuffs
• Ambidextrous

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111-8659 Small Box of 250
111-8088 Medium Box of 250
111-7965 Large Box of 250
111-8312 X-Large Box of 250

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SUSTAINABILITY SAVINGS:
• 50% reduction in glove & packaging waste
• 60% reduction in storage space

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The COLOR LAVENDER is a Trademark of KCWW. © 2013 KCWW. H02965 H0015-13

Order: 1.800.772.4346 8am – 9pm, et Fax: 1.800.329.9109 24 hours
Proper Gown Donning & Removal Techniques

To greatly reduce the chance for infecting the healthcare worker, facilities should ensure that healthcare workers are taught proper donning and removal techniques of gowns, while observing Standard Precautions. The CDC recommends these practices for the donning and removal of gowns.

**Donning**

To don a gown, first select the appropriate type of gown and the right size for the healthcare worker. The opening of the gown should be in the back, and the gown should be secure at the neck and waist.

**Removal**

To remove the gown, unfasten the gown ties with the ungloved hands. Slip hands underneath the gown at the neck and shoulder, and peel away from the shoulders. Slip fingers of one hand under the cuff of the opposite arm. Pull hand into sleeve, grasping the gown from inside. Reach across and push the sleeve off the opposite arm. Fold the gown towards the inside and fold or roll into a bundle. (Only the “clean” part of the gown should be visible.) Discard into waste or linen container, as appropriate.
### MAXI-GARD™ THUMB-LOOP DISPOSABLE GOWNS

Unique one-piece-design gown with thumb loop on sleeve makes donning gloves easier. 100% polyethylene impervious barrier. Easy on/off. Individually wrapped. Convenient dispenser carton for reduced storage requirements. Unisize: one size fits most.

- **Blue**
  - (104-5806) .................................................. 15/box

### COVER GOWNS

Full-length gown made of fluid-resistant, nonwoven polypropylene material. Full cut, open neck, open back, and waist ties. Sewn neck binder and knit cuffs.

- **Blue**, Medium/Large ........... (100-5870)
- **Blue**, X-large ...................... (100-5806)
- **Pink**, Small/Medium ........... (100-6784)
- **Pink**, Large........................ (100-9392)

### ISOLATION GOWNS

Durable, single-ply, polypropylene gowns. Glued seams provide superior protection: no stitch holes to allow for the passage of fluids or bacteria.

- **Elastic cuffs: create secure closure**
- **Tape neck closure and waist tie**
- **Made in the USA**

- **Regular** .................................................. 10/pkg
  - Specify:
    - **Blue** .................................... (100-2585)
    - **Yellow** ................................ (101-1789)
    - **X-large** .............................................. 10/pkg
  - Specify:
    - **Blue** .................................... (101-7475)
    - **Yellow** ................................ (101-4096)

### PROTECTIVE GOWNS

Liquid-proof poly-coated material. Long sleeves with knit cuffs, attached waist and neck ties, sewn neck binder, and open back. White.

- **Soft, nonwoven, nonabsorbent poly-coated polypropylene material: comfortable, lightweight, and liquid-proof; provides extra protection against splashing liquids**
- **Full length: provides maximum coverage**
- **Sewn neck binder: reinforcement; gown will not tear easily**
- **Open back: increases ventilation**
- **Disposable: no laundering; no cross contamination**
- **Latex-free**

- **White** .................................................. 10/pkg
  - Specify:
    - #1005849, Medium/Large .. (100-5849)
    - #1006865, X-large .............. (100-6865)

### POLYCOATED APRON

Worn over ordinary or other protective apparel, this full-length apron is excellent for hygiene and added protection. Made from polycoated polypropylene.

- **Polycoated polypropylene material: liquid-proof; protects against splashing liquids**
- **Full length: maximum coverage is provided**
- **Disposable: no laundering; no cross contamination**

- **White** .................................................. 25/pkg
  - (100-7483)

### PROTECTIVE LAB COATS

Safeguard your clothing from splashes or spills. Made of high quality polypropylene, each lab coat is lightweight and fluid-resistant, offering the perfect combination in comfort and protection. All coats are full length to provide maximum coverage. Blue, knit cuffs and collar with snap front closure.

- **Blue** ............................................ 10 per Pkg.
  - Specify:
    - Small .................................. (900-4673)
    - Medium .............................. (900-4674)
    - Large.................................. (900-4675)
    - X-Large .............................. (900-4676)

### BRAND PROMISE

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The Association for Professionals in Infection Control and Epidemiology (APIC) Standard Precautions:

Wear a gown to protect skin and to prevent soiling of clothing during procedures and patient-care activities that are likely to generate splashes or sprays of blood, body fluids, secretions, or excretions. Select a gown that is appropriate for the activity and amount of fluid likely to be encountered. Remove a soiled gown as promptly as possible, and wash hands to avoid transfer of microorganisms to other patients or environments.

Only the Association for the Advancement of Medical Instrumentation (AAMI) offers a widely accepted system of classification for protective apparel based on liquid barrier performance.

<table>
<thead>
<tr>
<th>Anticipated Risk of Exposure to Fluid</th>
<th>Level 1</th>
<th>Level 2</th>
<th>Level 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low</td>
<td>Spray Impact Penetration ≤ 4.5g</td>
<td>Spray Impact Penetration ≤ 1.0g</td>
<td>Spray Impact Penetration ≤ 1.0g</td>
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<tr>
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<td>Hydrostatic Pressure ≥ 20cm</td>
<td>Hydrostatic Pressure ≥ 20cm</td>
<td>Hydrostatic Pressure ≥ 50cm</td>
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<td>Low</td>
<td>Medium-weight SMS fabric</td>
<td>Medium-weight SMS fabric</td>
<td>Heavy-weight SMS fabric</td>
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<tr>
<td>Low</td>
<td>Er, Trauma</td>
<td>Burn Units</td>
<td>Critical Care Units</td>
</tr>
<tr>
<td>Low</td>
<td>Med/Surg Unit</td>
<td>ICU</td>
<td>Med/Surg Unit</td>
</tr>
<tr>
<td>Low</td>
<td>Dialysis</td>
<td>ICU</td>
<td>Dialysis</td>
</tr>
<tr>
<td>Low</td>
<td>Nursery</td>
<td>ICU</td>
<td>Nursery</td>
</tr>
<tr>
<td>Low</td>
<td>Lab Pathology</td>
<td>ICU</td>
<td>Lab Pathology</td>
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<td>Low</td>
<td>Laboratories</td>
<td>ICU</td>
<td>Laboratories</td>
</tr>
<tr>
<td>Low</td>
<td>Hyperbaric</td>
<td>ICU</td>
<td>Hyperbaric</td>
</tr>
<tr>
<td>Low</td>
<td>ER</td>
<td>ICU</td>
<td>ER</td>
</tr>
</tbody>
</table>

Recommended Areas of Use:
- Med/Surg Unit
- Dialysis
- Nursery
- Lab Pathology
- Laboratories
- Hyperbaric
- ER
- Trauma
- Burn Units
- Critical Care Units

Recommended Tasks:
- Transporting Patients
- Drawing Arterial Blood
- Inserting I.V. Lines
- Basic Patient Care
- Suturing
- Blood Draw
- Inverting I.V. Lines

† Recommended areas and tasks are based on feedback from a research panel of 300 Registered Nurses, Infection Control Practitioners, and Materials Managers. Ultimately, the health care personnel using these gowns must make the final decision on which level of protection is appropriate, given the anticipated risk of fluid exposure.
Guidelines & Recommendations

Centers for Disease Control (CDC)
Standard Precautions
- Wear a gown that is appropriate to the task, to protect skin and prevent soiling or contamination of clothing during procedures and patient-care activities when contact with blood, body fluids, secretions, or excretions is anticipated.
- Wear a gown for direct patient contact if the patient has uncontained secretions or excretions.
- Remove gown and perform hand hygiene before leaving the patient’s environment.
- Do not reuse gowns, even for repeated contacts with the same patient.
- Routine donning of gowns upon entrance into a high risk unit (e.g., ICU, NICU, HSCT unit) is not indicated.

Centers for Disease Control (CDC)
Isolation Precautions
- Don gown upon entry into the room or cubicle. Remove gown and observe hand hygiene before leaving the patient care environment.
- After gown removal, ensure that clothing and skin do not contact potentially contaminated environmental surfaces that could result in possible transfer of microorganisms to other patients or environmental surfaces.

The Association for Professionals in Infection Control and Epidemiology (APIC) Contact Precautions
- Wear a gown when entering the room if you anticipate that your clothing will have substantial contact with the patient, environmental surfaces, or items in the patient’s room, or if the patient is incontinent or has diarrhea, an ileostomy, or wound drainage not contained by a dressing.
- Remove the gown before leaving the patient’s environment.
- After gown removal, ensure that clothing does not contact potentially contaminated environmental surfaces to avoid transfer of microorganisms to other patients or environments.

HENRY Schein®
COVER GOWNS
Full-length gown made of fluid-resistant, nonwoven polypropylene material. Full cut, open neck, open back, and waist ties. Sewn neck binder and knit cuffs.
- Premium spunbonded material
- Elastic cuffs provide snug fit under gloves
- Latex-free
Gowns ........................................10/pkg
Specify:
Blue, Medium/Large (100-5870)
Blue, X-large (100-5806)
Pink, Small/Medium (100-6784)
Pink, Large (100-9392)

HENRY Schein®
ISOLATION GOWNS
Durable, single-ply, polypropylene gowns. Glued seams provide superior protection: no stitch holes to allow for the passage of fluids or bacteria.
- Elastic cuffs: create secure closure
- Tape neck closure and waist tie
- Made in the USA
Regular ........................................10/pkg
Specify:
Blue (101-2585)
Yellow (101-1789)
X-large (101-7475)

HENRY Schein®
PROTECTIVE GOWNS
Liquid-proof poly-coated material. Long sleeves with knit cuffs, attached waist and neck ties, sewn neck binder, and open back.
- Elastic cuffs provide snug fit under gloves
- Latex-free
Gowns ........................................10/pkg
Specify:
Blue, Large (100-9392)
Blue, X-large (100-5806)

HENRY Schein®
MAXI-GARD® THUMB-LOOP DISPOSABLE GOWNS
Unique one-piece-design gown with thumb loop on sleeve makes donning gloves easier. 100% polyethylene impervious barrier. Easy on/off. Individually wrapped. Convenient dispenser carton for reduced storage requirements. Unisize: one size fits most.
Blue (104-5806) ........................................15/box

Kimberly-Clark®
Impervious Comfort Gowns
- Materials: Film I aminate, blue
- Exposure anticipated: Potential for soaking and heavy fluid contact in front, open back
With Knit Cuffs
#69600, Universal Size (643-3099) ..................................100/case
#69601, XX-large (846-9962) ..................................100/case
With Thumbhooks
#69602, Universal Size (604-4082) ..................................100/case
#69603, XX-large (742-7539) ..................................100/case

Dukin Industries®
Impervious Isolation Gowns
Non-Sterile, Latex-Free, Yellow
Impervious, fluid-resistant gowns feature a polyethylene coating. Made from a high-quality, spunbonded material.
(933-0986) ........................................10/bag
Because organisms such as MRSA can survive as long as several months on virtually any surface with patient or healthcare worker contact – such as stethoscopes, pagers, pens, blood pressure cuffs, otoscopes, bed rails, bed tables, doorknobs, patient charts – proper use of personal protective equipment (PPE) is crucial in preventing the contact transfer of infection to patients, visitors, and fellow healthcare workers.

Source: World Health Organization (WHO)
Guidelines & Recommendations

Association of Surgical Technologist (AST) Recommended Standards of Practice for Shoe Cover Rationale:
The use of shoe covers has never been proven to decrease the risk or incidences of surgical site infection, or to decrease the bacterial counts of the operating room floors. Shoe covers do protect the footwear and feet from exposure to blood and body fluids. Footwear protects the feet from injury by sharps or heavy equipment and instruments that may accidentally fall on the feet. Footwear also provides a barrier to exposure to blood and body fluids.

Standard of Practice I
Health care workers should protect themselves from contact with blood and body fluids by wearing disposable shoe covers.

Standard of Practice II
Health care workers should avoid tracking blood and body fluids, debris and other gross contaminants throughout the surgical suite.

Standard of Practice III
Health care workers should be aware of the hazards associated with workplace foot and toe injuries, and should protect themselves from injury by wearing the correct footwear.

Standard of Practice IV
Policies and procedures for surgical attire, including shoe covers, should be developed, written, and reviewed on a periodic basis.

Association of Surgical Technologist (AST) Recommended Standards of Practice for Head Cover Rationale:
The human body is a major source of bacterial contamination in the surgical environment. Surgical site infections have been traced to bacteria from the hair and scalp of surgical personnel. The purpose of head covering use while in semi-restricted and restricted areas of the surgical suite is to protect both the patient and staff by maintaining a limited microbial spread. In order to maintain a clean environment and adhere to OSHA regulations, a head covering that completely covers head and facial hair must be worn as part of the surgical attire.

Standard of Practice I
The surgical team members are responsible for preventing surgical site infections by properly donning and wearing the appropriate head cover or hood.

Standard of Practice II
The surgical department should follow recommended OSHA and CDC standards for PPE.
HAI’s at a Glance:
- $6.7 billion annual impact on health care facilities.
- Over 368,000 MRSA infections in US reported annually.
- The additional costs to treat a single MRSA infection can be as high as $35,000.
- Insurance reimbursement for HAIs is no longer a “sure thing”.
- Proper use of PPE is a crucial step in helping control HAIs.

The Help Center:

**Kimberly-Clark**

**Decontamination Attire**
Accredited for Central Sterile/Sterile Processing 1.0 CH

**Guess Who’s Coming to Surgery?**
Accredited for Nurses 1.0 CH

**APIC - Appropriate Use of Personal Protective Equipment – Webinar**
The goal of this webinar is to review issues revolving around the appropriate use of PPE’s. It will include what is needed when and by whom, the role of monitoring, education, and getting compliance.
http://webinars.apic.org/session.php?id=4144

**APIC: E-News – SIGN UP!**
E-News is a weekly e-newsletter that delivers the latest need-to-know infection prevention information to APIC members’ e-mail inboxes each Wednesday.
http://www.apic.org/Member-Services/Publications/E-News

**Taking Off Influenza PPE for Healthcare Workers – YouTube VIDEO**
This video provides good procedures for healthcare workers for removing their contaminated influenza PPE. Proper removal is important to prevent becoming infected from the contaminated PPE.
http://www.youtube.com/watch?v=O58JnBSsgGk&feature=channel_page

**Seasonal Flu Response Plan – Checklist (PDF)**
Useful checklist will help you evaluate your employer’s influenza infection control plan

---

**Shoe Covers**
Non-sterile, Latex-free, Nonskid, Blue
Durable, fluid-repellent, spunbonded polypropylene.
(212-9300) ........................................300/case

**Precept®**

**Bouffant Caps**
Polypropylene, X-Large, Blue, 24”
(789-9314) ........................................500/case

**Standard Style Shoe Covers**
(788-9176) ........................................300/case

**Hi Guard® Regular Full-Coverage Boots**
Knee-high shoe covers are designed to cover the shoe and lower leg and are made from a protective, 3-layer fabric with a coated foot. Blue.
#69671, X-large
(620-4562) ........................................150/case
#69572, Ultra, Universal Size
(643-4291) ........................................30/box
#340
(107-2509) ........................................50 pair/box
#2131
(267-9159) ........................................150/case

---

**Kimberly-Clark Professional**

**X-Tra Traction Shoe Covers**
• Coverage: Shoe only
• Materials: Protective 3-layer SMS fabric, adhesive traction strips
• Exposure anticipated: Light fluid contamination
#69252, Universal Size
(643-9644) ........................................100/box
#69252, Universal Size
(678-9996) ........................................300/case
#69254, X-large
(643-5098) ........................................80/box

---

**Kimberly-Clark Professional**

**Heavy-Duty Shoe Covers**
• Coverage: Shoe only
• Materials: Heavy-duty protective 3-layer SMS fabric
• Exposure anticipated: Light fluid contamination
Universal Size
(643-0095) ........................................100/box

---

**Kimberly-Clark Professional**

**Shoe Covers**
Disposable, Blue
• Resists fluid penetration
• Nonconductive
• One size fits all
#340
(157-2509) ........................................50 pair/box
#2131
(267-9159) ........................................150/case

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Every Day, Every Patient, Every Time

Guidelines & Recommendations

CDC Recommendations for Face Masks and Respirators
1. NIOSH-certified respirators (N-95 or higher) are recommended for use during activities that have a high likelihood of generating infectious respiratory aerosols, including the following high-risk situations:
   - Aerosol-generating procedures
   - Resuscitation of a patient
   - Providing direct care for patients with confirmed or suspected pandemic influenza-associated pneumonia

2. Use of N95 respirators for other direct care activities involving patients with confirmed or suspected pandemic influenza is also prudent. Hospital planners should take this into consideration during planning and preparation in their facilities when ordering supplies.

In addition, several measures can be employed to minimize the number of personnel required to come in contact with suspected or confirmed pandemic influenza patients, thereby reducing worker exposure and minimizing the demand for respirators.

World Health Organization Health Care Facility Recommendations for Standard Precautions

Key Elements at a Glance:
1. Hand Hygiene
2. Gloves
3. Facial Protection (eyes, nose, mouth)
   - Wear (1) a surgical or procedure mask and eye protection (eye visor, goggles) or (2) a face shield to protect mucous membranes of the eyes, nose, and mouth during activities that are likely to generate splashes or sprays of blood, body fluids, secretions, and excretions.
4. Gown
5. Prevention of needle stick and injuries from other sharp instruments
6. Respiratory hygiene and cough etiquette
7. Environmental cleaning
8. Linens
9. Waste Disposal
10. Patient Care Equipment

For more details, visit: www.who.int/csr

FACE MASKS

HENRY SCHEIN®
EARTH LOOP PROCEDURAL FACE MASKS
Light, comfortable masks for extended wear when necessary. Ear loops are made from special stretch yarn; no irritating rubber or plastic touches the skin. Three-ply, glass-free filter media is surrounded by soft, nonirritating inner and outer facing. Full-width flexible nosepiece provides fit and security. Manufactured to exceed all current ASTM F 2100-07 standards. Latex-free.
Specify:
- Blue.............................(104-3809)
- White............................(104-6611)
- Lavender.......................(104-8600)
- Pink.............................(104-3730)
- Yellow............................(104-2849)
ASTM: Level 1 ● PFE≥98% @ 0.1 micron (μ)
● BFE≥95%

EYE SHIELDS

HENRY SCHEIN®
EARTH LOOP FACE MASKS WITH EYE SHIELDS
Soft, comfortable loops and absorbable inner facing make this mask very comfortable for extended wear. Manufactured to exceed all current ASTM F2100-03a standards. Superior fluid protection; passed the Standard Fluid Penetration Resistance Test. The optically clear shield is treated on both sides with antifog material to ensure that vision is not compromised. Latex-free.
Teal
(104-7321)
ASTM: Level 3 ● PFE≥98% @ 1.0 micron (μ)
● BFE≥98%

DISPOSABLE FACE SHIELDS

HENRY SCHEIN®
DISPOSABLE FACE SHIELDS
Optically clear, see-through visor provides eye protection from splash and splatter. “Soft-wrap” has an impenetrable foam barrier providing comfortable, wide coverage without compromising safety. Each shield is packaged individually in a plastic bag intended for single-patient use to prevent cross contamination.
Standard, 13”W x 7½”L
(101-2254)..........................24/box
Bulk Packaging
(112-5656)..........................72/box

ULTRASOFT PROCEDURAL MASKS

HENRY SCHEIN®
ULTRASOFT PROCEDURAL MASKS
Latex-Free
Fluid-resistant, spunbond outer layer/inner white layer made from extremely soft hypoallergenic cellulose. Will not lint, tear, or shred. Meets ASTM standards as a low (primary) fluid-resistant barrier @ 80-mm Hg; PFE @ 1 μm; BFE @ 3.1 μm; Delta P-3.4. Made in the USA.
Ultrasoft.............................50/box
Specify:
- Blue.............................(104-8072)
- Pink.............................(104-8073)

EAR LOOP PROCEDURAL FACE MASKS

HENRY SCHEIN®
EAR LOOP PROCEDURAL FACE MASKS
Made from spunbond outer/inner layers with filter media and flat ear loops for greater comfort. Meets ASTM standards as a low-barrier (fluid resistant) face mask. Made in the USA. Latex-free.
Masks.............................50/box

For more details, visit: www.who.int/csr

Order: 1.800.772.4346 8am – 9pm, et | Fax: 1.800.329.9109 24 hours

incontrol
Selecting the appropriate mask for a particular procedure is a critical component of your Personal Protective Equipment (PPE) protocol. Although masks may look similar, each mask has notable differences affecting the quality and level of filtration. Understanding the ASTM performance level of each face mask can help make the selection process easier and ensure your mask will provide the appropriate filtration.

Source: HPTC Compliance Training Partners

---

**LATEX free**

**HENRY SCHEIN**

**EXTRA PROTECTION EAR LOOP FACE MASKS**

Provide the greatest filtration and fluid penetration resistance as specified by ASTM. Light and comfortable for extended wear when necessary. Filter media is surrounded by soft, nonirritating inner and outer facing. Full-width flexible nosepiece provides fit and security. Manufactured to meet all current ASTM F2100-04 standards. Latex-free.

Teal (104-8819) ........................................ 50/box
ASTM Level 3 ● PFE≥98% @ 0.1 micron (μ) ● BFE≥98%

**HENRY SCHEIN**

**MAXI-GARD**

**PROTECTIVE EYEWEAR**

For eye protection in operatory or lab. Lightweight and comfortable. Unisex. Eyewear ........................................ea
Specify:
Black .................................. (900-4436)
Blue .................................. (900-4488)
Pink .................................. (900-4779)
Red .................................. (900-4781)

**HENRY SCHEIN**

**SAFETY GLASSES**

Clear plastic lenses with side shields for eye protection in the operatory or lab. Unisex.
(100-7382) ........................................ ea

**3M™**

**N95 Particulate Respirator and Cone Surgical Masks**

#1860S, Small (777-5982) ........................................ 20/box
#1860, Regular (777-5951) ........................................ 20/box

**Kimberly-Clark**

**Fluidshield® Procedure® Masks with Wraparound SplashGuard® Visors**

These unique masks meet the industry’s highest standard for facial protection against the penetration of blood and body fluids*. Optically clear visor provides extra coverage and peripheral protection. A layer of Loncel® breathable film guards against the impact of body fluids. One-piece system offers full facial protection of 0.1 micron at greater than 99% particle filtration efficiency (PFE).

#48247, Tie-On, Orange
(153-0164) ........................................ 25/box
#00146, Blue
(153-4647) ........................................ 25/box
#47714, Peach
(153-9684) ........................................ 25/box
● PFE≥99% @ 3 microns (μ) ● BFE≥99%


---

**Kimberly-Clark**

**Tecnol® Procedure™ Masks**

Provide 98% bacteria filtration efficiency (BFE) at 3 μm. Breathable, lightweight fabric and soft, stretchable ear loops make these masks convenient to use and comfortable to wear. Latex-free.

Office Pack ........................................ 50/box
Specify:
Pink .................................. (153-5708)
Blue .................................. (153-2175)
Yellow .................................. (153-0214)
Green .................................. (153-0638)
PFE≥97% @ 3.0 μ ● BFE≥98%
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OSHA AND INFECTION CONTROL COMPLIANCE SYSTEM • HIPAA COMPLIANCE SYSTEM • MASTER SPILL KIT
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LAUNDRY BAG AND STAND • INFECTIOUS WASTE - RED BAGS • SCALPEL BLADE REMOVER • MASKS & GLOVES
GLOW IN THE DARK EXIT SIGNS • NEEDLE STICK AND EXPOSURE INCIDENT PROGRAM • COMPLIANCE LABELS

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Universal Precaution Compliance Kit (4224980)
National Standard EZ-Cleans® Kit (4221933)

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We manufacture higher quality products by following strict compliance regulations with faster shipping advantages

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**OSHA Compliance Checklist**

*Does Your Medical facility have what it needs to be in compliance?*

<table>
<thead>
<tr>
<th>Required</th>
<th>Recommended</th>
<th>Product Name</th>
<th>Code</th>
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</tbody>
</table>

www.henryschein.com/infectioncontrol
**3 Levels of Protection**

### The Ultra® Line
- **Level 3** – Heavy Amounts of Fluid: Meets ASTM Level 3
  - Ultra® Earloop w/ Secure Fit® Technology | 50/Box
  - Ultra® Sensitive Earloop w/ Secure Fit® Technology* | 50/Box
  - Ultra® Sensitive FogFree® Earloop w/ Secure Fit® Technology* | 40/Box
  - Ultra® Sensitive FogFree® Earloop w/ Shield w/ Secure Fit® Technology* | 25/Box
  - Blue 774-0093
  - White 774-0131
  - White 774-0132
  - White 774-0133

* Ultra Sensitive masks are designed for sensitive skin: chemical-free, hypoallergenic, and free of inks and dyes.

### The Procedural Line
- **Level 2** – Moderate to Light Amounts of Fluid: Meets ASTM Level 2
  - Procedural Earloop w/ Secure Fit® Technology | 50/Box
  - Blue 774-0096 / Lavender 772-0611 / Pink 774-0097

### The Isofluid® Line
- **Level 1** – Low Amounts of Fluid: Meets ASTM Level 1
  - Isofluid® Earloop w/ Secure Fit® Technology | 50/Box
  - Isofluid FogFree® Earloop w/ Secure Fit® Technology | 40/Box
  - Isofluid FogFree® Earloop w/ Shield w/ Secure Fit® Technology | 25/Box
  - Blue 774-0094 / Lavender 772-0137 / Pink 774-0095
  - Blue 774-0129
  - Blue 774-0130

Enjoy the benefits of these masks with Secure Fit® Technology: 3x’s More Protection.

- A patent-pending design reduces gapping at top, bottom and sides by incorporating aluminum strips both above the nose and under the chin.
- Custom fits to any size or shaped face to reduce your exposure to airborne particulates.

Aluminum nose and chin pieces (green arrows) reduce gapping (purple arrows).

**Face Masks with Secure Fit® Technology**

**3x’s More Protection**

- A patent-pending design reduces gapping at top, bottom and sides by incorporating aluminum strips both above the nose and under the chin.
- Custom fits to any size or shaped face to reduce your exposure to airborne particulates.

**Secure Fit® Technology**
- Better Fit
- Better Filtration
- Better Protection

**3 Levels of Protection**

- **Level 3** – Heavy Amounts of Fluid: Meets ASTM Level 3
- **Level 2** – Moderate to Light Amounts of Fluid: Meets ASTM Level 2
- **Level 1** – Low Amounts of Fluid: Meets ASTM Level 1

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